

Fiscal Year 2012 End of Year Report



Youth Services Bureau of Monroe County

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Introduction

Our Mission:

To provide services, programs, referrals, and advocacy for youth

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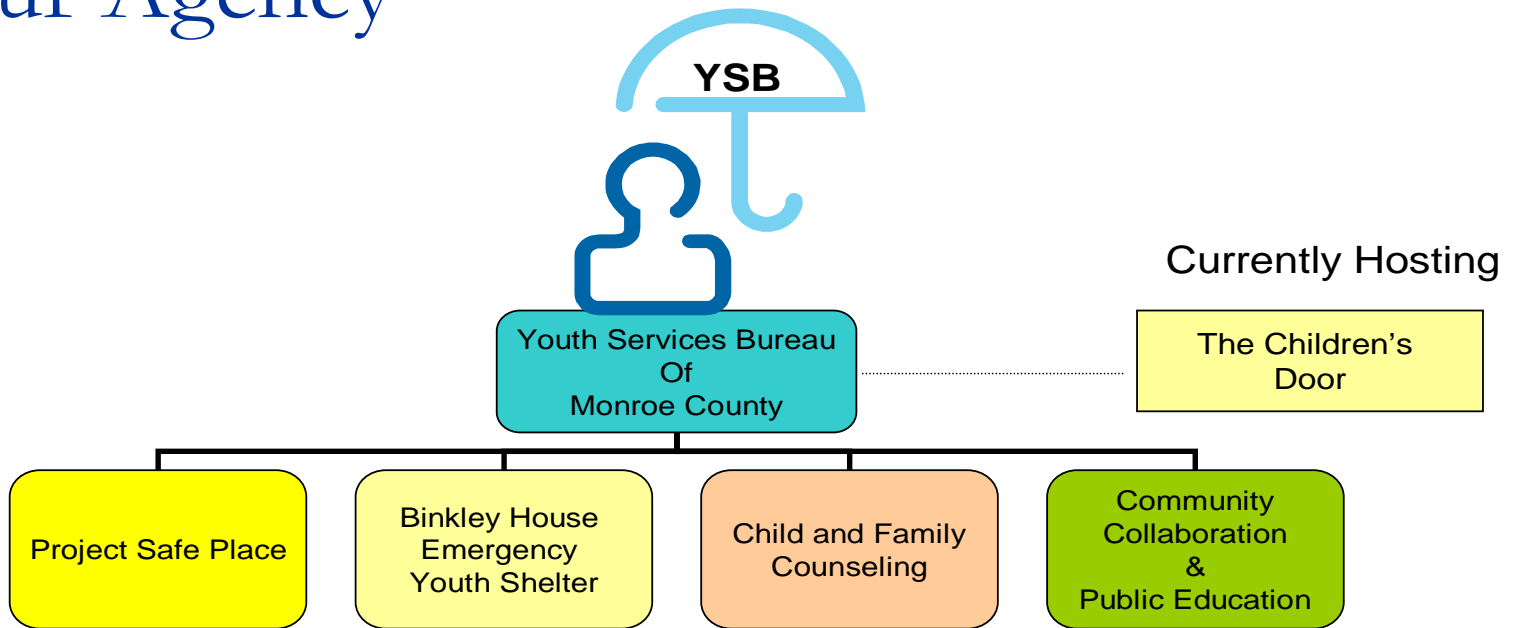
community education on issues concerning youth.

Our History:

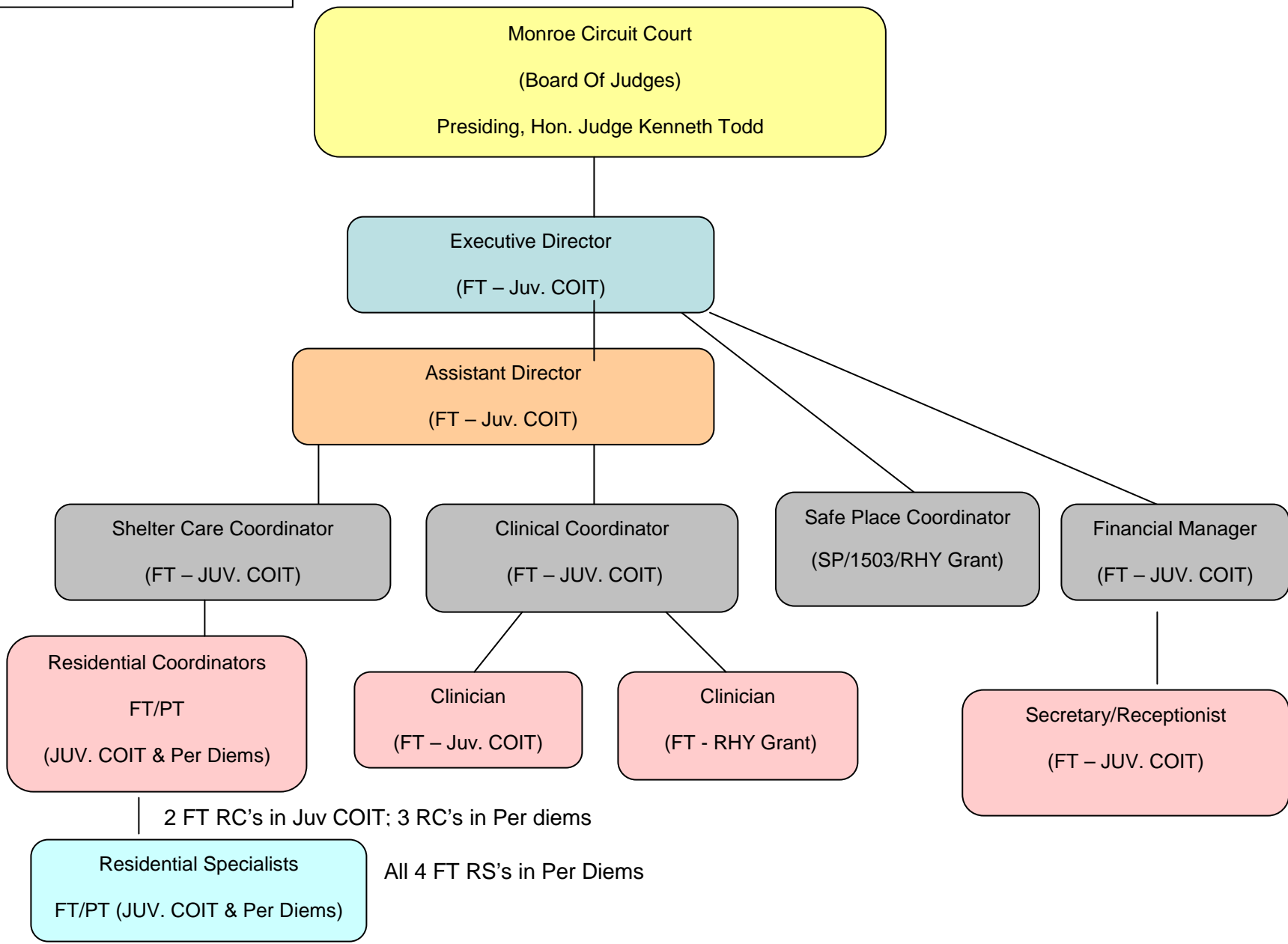
About Youth Services Bureau of Monroe County

Since 1972, Youth Services Bureau of Monroe County has provided services in an effort to strengthen families, divert youth from the juvenile justice system, and to foster positive youth development. Family support and structure are necessary for the development of our community's youth. YSB offers services that foster positive family functioning and help lay the groundwork to build healthy, productive individuals.

Our Agency



YSB Organizational Chart



2012 Youth Services Bureau Staff

Executive Director

Kim Meyer, MSW, LCSW

Assistant Director

Stacey McGauley, MSW, LCSW

Administrative Support

Sarah Borden, Financial Manager

Jennifer Dustin, Administrative Assistant

Project Safe Place

Vanessa Schmidt, Coordinator

Clinical Team - Dave Torneo, MFT - Clinical Coordinator

Emma Ford, MSW, LCSW - Clinician

Allison Zimpfer-Hoerr, MSW, LSW - Clinician

Direct Care Team – Louis Malone IV, Shelter Care Coordinator

Residential Coordinators & Residential Specialist

| | | | |
|----------------------|----------------|------------------|------------------|
| Natalie Watson* | Kristin Smith* | Kyle Sturgeon* | Bryan Lukemeyer* |
| Michael Shanks | Laura Grover | Philip Anyeith | Rachel Chinn* |
| Brenda Hawkins* | Theresa Hunter | Nick Kojetin | Allen Bell |
| Matt Hanauer | Beth Kidd | Rebecca Lee | Beth Lefevers |
| Danny Mamanua* | Haley Miller | Amanda Ostrom | Jenny Rizzo |
| Breanna Rogers* | Amber Seals | Richard Springer | Jackie Street |
| Sparky Taylor | Jessica Thomas | Zach Wendell | Molly Young* |
| Theresa Brandenburg* | Mike Hannah* | | |

AmeriCorps Service Member – Clemesia Beverly

Interns

Sarah Mason, BSW Intern

Stephanie McGee, BSW Intern

Chelsey Siville, Masters Intern

Meagan Benetti, Master Intern

Laura Pauwels, Masters Intern

Sarah Tharp, Masters Intern

*Previously employed or interned during the 2012 year

The Executive Director's Report:

Youth Services Bureau of Monroe County is pleased to state that our 2012 year marked a change in programming for the benefit of the youth in our care. With the help of our Federal Runaway Homeless Youth Grant (Department of Health and Human Services/Family Youth Services Bureau) we brought Trauma Informed Care training and practices to our organization.

In 2011, we identified a need to move towards more current day practices, rather than practices based on models of intervention from the 1970's. In mid-June 2012, we accomplished bringing "Providing Shelter from the Storm: Trauma Informed Care" train the trainer series to Bloomington, Indiana. Our goal was to obtain resources and evidence based practice models which encompass:

- **Harm Reduction** – Policies and practices that aim primarily to reduce adverse health, social and economic consequences of high risk behaviors and benefits people engaging in high risk behaviors as well as their families and communities.

- **Youth Development** – An intentional, pro-social approach that engages youth within their communities, schools, organizations, peer groups and families in a manner that is productive and constructive. It recognizes, utilizes and enhances youth's strengths. It also promotes positive outcomes for young people by providing opportunities, fostering positive relationships, and furnishing the support needed to build on youth's leadership strengths.

- **Trauma Informed Care** – A strengths-based framework that is grounded in an understanding of and responsiveness to the impact of trauma. This framework emphasizes physical, psychological and emotional safety for both providers and those youth/families that have experienced trauma. It creates opportunities for those affected to rebuild a sense of control and empowerment.

The A.R.C.² Framework at YSB, at all levels of the organization

Youth Services Bureau of Monroe County has embraced the A.R.C. Framework as its primary trauma informed care model. Our ultimate goal is to help residents regain the capacity to form healthy **attachments**, develop skills to aid in **self-regulation**, and to master developmental skill **competency**.

A.R.C. provides a conceptual framework and core principles of intervention for working with youth who have experienced multiple and/or prolonged traumas. The Hollywood Homeless Youth Partnership (HHYP), a collaboration of 8 agencies, selected this framework from available trauma treatment approaches because it provides a flexible model of intervention that is developmentally appropriate and relevant for addressing a continuum of trauma exposures. The A.R.C. framework has been a useful tool in understanding traumatized youth, guiding our interventions, and informing agency policy and practices.

Below is a brief description of the three main components of the A.R.C. framework

- € **A**ttachment – The capacity to form and maintain a healthy emotional bond with another person or persons which is a source of mutual comfort, safety and caring
- € **S**elf-**R**egulation – Developing and maintaining the ability to notice and control feelings such as frustration, anger and fear
- € **C**ompetency – Mastering the developmental tasks of adolescence and developing the ability to plan and organize for the future.

With these three principles as the focus, our program works to develop a youth's abilities to healthfully attach to others, develop and maintain their awareness of their feelings, build upon strengths that have already been identified, and identify and promote new strengths and skills. This is introduced at the beginning of all services with youth.

As we venture into 2013, trauma informed care approaches will be reinforced and built upon in all aspects of our programming & services to youth and their families. Our Crisis Prevention Intervention (C.P.I.) training to all staff will soon include the Trauma Informed Care model of interaction with youth.

² Kinniburgh, K. & Blaustein, M. (2005). Attachment, Self-Regulation, and Competency: A comprehensive framework for intervention with complexly traumatized youth. A Treatment manual. Boston.

This is truly a very exciting time of growth and advancement for us! We invite you to watch us expand our capacity to collectively build the youth we are graced to know, regardless of how that young person may be entering through our doors!



- Kimberly L. Meyer, MSW, LCSW

Binkley House Emergency Youth Shelter

The Shelter Care Coordinator's Report:

For years to come, 2012 will certainly be viewed as a seminal year for the Youth Services Bureau of Monroe County: Binkley House Emergency Youth Shelter. Throughout 2012, we have been experiencing a significant evolution of our Binkley House programming as we have begun the transition to a more “trauma informed” way of working with youth. This has included having a group of leaders at our agency become Trauma Informed Care certified trainers with the help of Runaway Homeless Youth Training & Technical Assistance Center (RHYTTAC) trainers. We were able to request and secure the services of two federal level trainers from RHYTTAC to come to Bloomington in June of 2012 to provide “Providing Shelter from the Storm” Training of Trainers for agencies from around the state of Indiana. Immediately after becoming trainers, the leaders at this agency began the process of training staff in the concepts and methods of Trauma Informed Care. At the time of this report’s publishing, ALL members of the Youth Services Bureau of Monroe County staff at every level (direct care, clinical, administrative) have been trained in Trauma Informed Care, and should be familiar with the principles of Trauma Informed Care including the A.R.C. model (Positive Attachment, Self-Regulation, Competencies).

As we have been educating staff on the effects of trauma on youth, we have also been taking a close look at the policies and procedures of the Binkley House Emergency Youth Shelter. This has lead to a number of changes in the way staff goes about the day to day work of running an emergency youth shelter and engagement in meaningful development of the youth we serve. More importantly, it has reframed the “problematic” behaviors our clients may exhibit, from time to time, in a Trauma Informed paradigm. This allows for more understanding from staff members, greater opportunities for empathy, and hopefully better outcomes for our youth.

Connecting 2012’s emphasis on Trauma Informed Care and 2011’s emphasis on Positive Youth Development, the Youth Services Bureau-Binkley House staff is now equipped with the most current, substantive, and strengths-based training regiment to work with our community’s youth.

- Louis Malone IV, Care Coordinator

Binkley House Emergency Youth Shelter – 2012 Services to Youth:

About Binkley House:

The Binkley House Youth Shelter is the largest division of YSB. It provides short-term emergency residential care and crisis intervention for youth ages 8-17. The shelter offers emergency shelter for runaways, homeless youth, and youth in crisis or abusive situations at home. Binkley House is a licensed Emergency Shelter Care Facility and follows all the rules and guidelines set forth by the Department of Child Services. Binkley House Emergency Youth Shelter remains the only shelter program for youth in the region of Monroe and its surrounding counties.

Binkley House is accessible 24 hours a day. We are not a “lock down” facility. Our building’s outer doors are locked to ensure the safety of staff and residents and to prevent intruders and unwelcomed guests. Our internal doors are not locked. We do not utilize locked rooms, seclusions or restraints on our shelter residents. We rely on plenty of structure and support for our youth to encourage positive behavior choices and safety for all. Binkley House provides services such as counseling, educational support time, supervised recreation, transportation to and from school, and other appointments, as well as referrals to a variety of agencies for related services.

YSB also assists with transitional services during a youth's stay at the Binkley House Youth Shelter. These include independent living skills, transition to long-term residential care, transition from long-term residential care back home, and short-term aftercare counseling. The youth shelter also serves as a respite resource for youth placed in foster homes to minimize foster care repeat placements.

The Youth Services Bureau of Monroe County does not charge a fee for the services provided for Safe Place or parental (voluntary by youth agreement) admissions. Referrals to the youth shelter can be made by other social service agencies, parents, or by the youth themselves.

2012 Highlights from Binkley House Emergency Youth Shelter

Inquires for Service:

In 2012, we had 576 inquiries for service. On average, we can expect to receive approximately 50 calls a month. In general, the youth seeking our services are calling us in a time of crisis. For the first time in 2012, we began tracking whether the youth for which services were inquired were experiencing runaway or homelessness. It was enlightening to know that 123 youth seeking our Emergency Shelter services were runaway. In addition, 33 inquiries were from youth experiencing active homelessness. In essence, 1 out of every 4 calls received were related to a need for services for a runaway or homeless youth.

Services Provided in Binkley House Emergency Youth Shelter:

We were able to provide safe shelter accommodations for 278 youth placements. Binkley House served 118 youth *who had never before* had contact or placement with Binkley House Youth Shelter. That is well over 40% of our total population served. When counting the total number of service days given to all youth in 2012, we provided exactly 2,625 days of service.

Our maximum licensed capacity is 15 youth. In 2012, our average daily population regularly consisted of at least 7 youth at any given time. It was not uncommon for us to operate at or very near maximum capacity several times throughout the year.

| MONTH | Total Bed Days |
|-----------|----------------|
| January | 192.5 |
| February | 296 |
| March | 253 |
| April | 212.5 |
| May | 272 |
| June | 166 |
| July | 226 |
| August | 149 |
| September | 251 |
| October | 238 |
| November | 180 |
| December | 189 |
| Total | 2,625 |

The average length of stay for a youth in the shelter was approximately 10.1 days in duration. In 2012, a legislative change occurred that limited the length of stay a youth can be provided at a licensed emergency youth shelter in the state of Indiana. The maximum length of stay for any youth (regardless of placement type) is now 20 days.

Binkley House Staff identified and reported over 77 suspected cases of physical abuse, sexual abuse and/or neglect to the Indiana Department of Child Services' Child Protective Services unit in 2012. These reports were made due to self-report by youth, observed unusual marks/bruises and observed abuse by guardian, or other, to youth in our presence.

Youth who are residents at Binkley House are provided clinical (Master's Level Counseling) support. In 2012, our clinical team provided a grand total of 3,820 counseling hours to shelter residents. Broken down, this is an average of at least 1.36 hour of clinical care³ per each resident per day in our care. Given that the average length of stay was 10 days, this equated to our agency providing a significant amount of direct clinical intervention time to residents. It was noted that the number of youth being served in Emergency Shelter Care in 2012 was slightly lower than in 2011. However, this resulted in an increase of clinical hours devoted to Emergency Shelter Care youth. This simply shows us that more one-on-one clinical time could be devoted to youth and families served, which increases likelihood of successful outcomes for families.

This behavioral health service component (clinical counseling/case management) is not funded through the Indiana Department of Child Services contract for Emergency Shelter Care. We believe it is best practice and vital that youth and families engage in counseling while experiencing family crisis, regardless of the cost to our agency.

Placement Types

Often, we break placements into types, or ways in which youth come to Binkley House Emergency Youth Shelter.

1. **Safe Place** – Youth initiate the desire to come for services at Binkley House Emergency Youth Shelter. There is no cost to the family for this service type.

34 youth or 12.2% of the total shelter population (59.75 bed days)

Safe Place youth population continues to increase each year since 2011. The overall increase has been over 120%.

³ Individual, Family, Parent/Legal Guardian Counseling, psycho-educational group, life skills, treatment team planning and case management services.

2. **Parental** – A parent or legal guardian contacts Binkley House Emergency Youth shelter requesting youth services. In this instance, the youth must voluntarily agree to come to Binkley House Emergency Youth Shelter for short term placement. There is no cost to the family for this service type.

176 youth or 63.3% of the total shelter population (1830.75 bed days). This is an increase of 7 % over the previous year.

3. **Probation** – Through court order, a youth is placed at Binkley House Emergency Youth Shelter to prevent delinquent behavior and promote pro-social behavior. Youth are accepted as court orders only if they pose no safety risk or harm to self or others. Results of court involvement typically come from truancy (not attending school consistently), return to the community from another environment or preventative (assist youth in maintaining free from negative influences until the youth can make better choices). YSB submits per diem claims to Indiana Department of Child Services (per that year's cost award). This is not billed to the family by YSB.

54 youth or 19.4% of the total shelter population (679 bed days). This is an approximate 9% decrease for the previous year⁴.

4. **Department of Child Services** – When a youth is a ward of DCS or is in an emergency situation in which the DCS Case Worker determines that emergency removal from a home is needed, a youth can be placed at Binkley House Emergency Youth Shelter. Typically, we host youth who are waiting for their homes to return to a safe level (after DCS interventions have been put in place), are awaiting foster care placement, or are in transition between homes. YSB submits per diem claims to Indiana Department of Child Services (per that year's cost award). This is not billed to the family by YSB.

3 youth or 1.1% of the shelter population (43.5 bed days).

This is a decline from the previous year largely, due to DCS's desire to place youth with other family members, when possible.

⁴ Due to the legislative cap on placement days being 20 (passed July 2012), this resulted in a decrease of approximately 1,060 bed days from the previous year.

5. **Police Hold** - To assist local law enforcement in returning to serve the public, there are occasions where Binkley House Emergency Youth Shelter will house a youth until a parent can be located to take custody of their child. These instances typically occur when law enforcement has come into contact with a youth and a parent/guardian cannot immediately respond to law enforcement to retrieve their child. These placements are typically less than 24 hours in duration. If a parent cannot be located within 24 hours, Binkley House contacts Child Protective Services to assist in family locating.

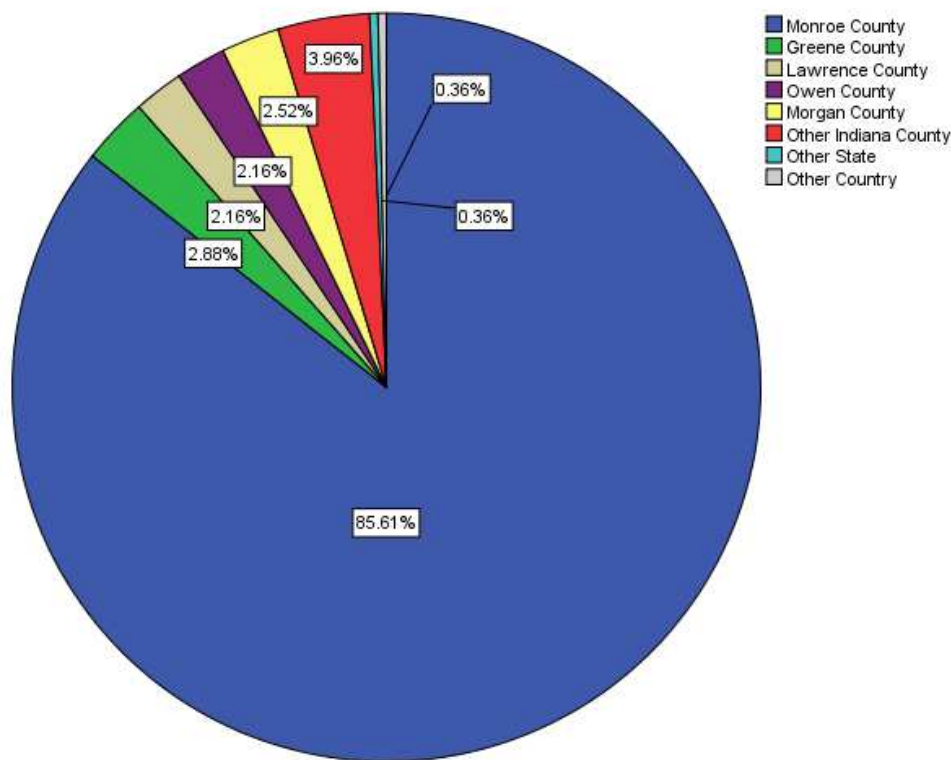
11 youth or 4% of the total Shelter Population (12 bed days). This is a very slight 1% increase from the previous year.

Placement Type

| | Frequency | Percent |
|------------|-----------|---------|
| Safe Place | 34 | 12.2 |
| Parental | 176 | 63.3 |
| Probation | 54 | 19.4 |
| DCS | 3 | 1.1 |
| Police | 11 | 4.0 |
| Total | 278 | 100.0 |

Binkley House Emergency Youth Shelter serves youth from various counties of residence. Since we are housed in Monroe County, but serve surrounding counties, it is of no surprise that the majority of our residents served reside in Monroe County. It is important to note that, often, the families we serve are transient. They have either lived in Monroe County at some point in time, or move here. Monroe County is known for its many resources, and families often gravitate to this excellent community.

Place of Residence

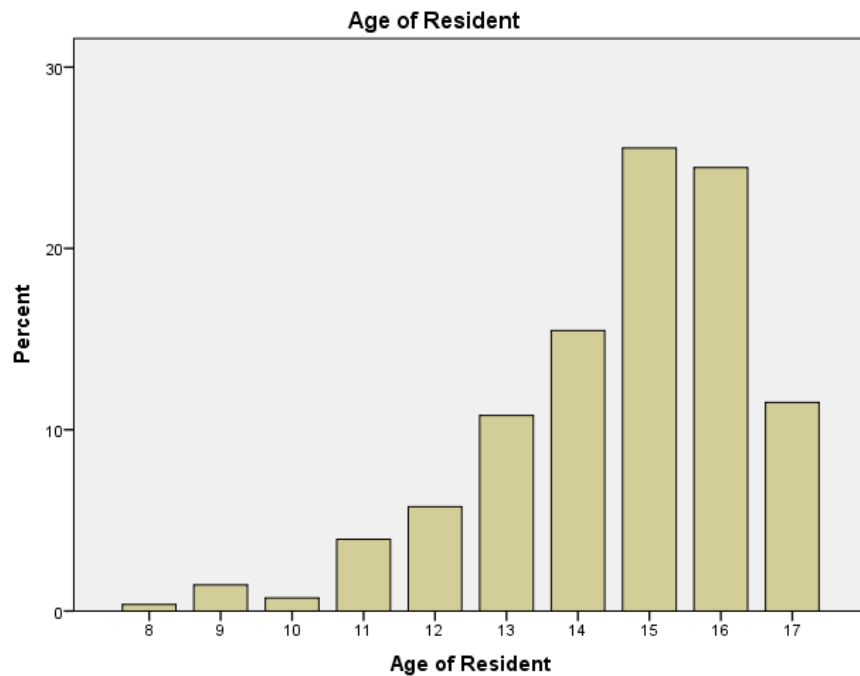


Placement Type * Place of Residence Cross-tabulation

| | | Place of Residence | | | | | | | Total | |
|----------------|------------|--------------------|---------------|-----------------|-------------|---------------|----------------------|-------------|-------|---------------|
| | | Monroe County | Greene County | Lawrence County | Owen County | Morgan County | Other Indiana County | Other State | | Other Country |
| Placement Type | Safe Place | 30 | 0 | 1 | 0 | 0 | 2 | 0 | 1 | 34 |
| | Parental | 153 | 7 | 1 | 6 | 7 | 2 | 0 | 0 | 176 |
| | Probation | 48 | 0 | 4 | 0 | 0 | 2 | 0 | 0 | 54 |
| | DCS | 1 | 0 | 0 | 0 | 0 | 2 | 0 | 0 | 3 |
| | Police | 6 | 1 | 0 | 0 | 0 | 3 | 1 | 0 | 11 |
| Total | | 238 | 8 | 6 | 6 | 7 | 11 | 1 | 1 | 278 |

Binkley house is a co-ed shelter with separate male and female sleeping wings attached to the common areas. In 2012, 46% of our residents were male and 54% were female. YSB staff is trained on LGBTQ Homeless Youth issues and work to ensure a safe and comfortable environment for all youth.

Binkley House serves youth between the ages of 8 and 17 years of age. Of this age group, the normative age range of youth in 2012 was between 13 and 17 years. Compared to previous years, we observed an increase in service to youth between the ages of 11-14.



Clinical Coordinator's Report

The Youth Services Bureau of Monroe County not only provides an emergency youth shelter for youth 8 to 17 years of age, we also offer counseling to the community for kids and families that have completed a Youth Shelter stay and for those without any past or present involvement. This may be a little known fact but we have been counseling and advocating for youth beyond the doors of the Youth Shelter for many years, primarily working with the underserved population of Monroe County and with more frequency, those living in surrounding counties. By underserved we mean those with no health insurance, inadequate health insurance, families whose insurance has run dry, or any family that would prefer to simply avoid the red tape and long waiting lists of local mental health centers. The fact that our services are free makes us unique and may influence a family to contact us who otherwise might not consider a therapeutic solution. As a counseling staff we feel fortunate to know that we offer this unique brand of intervention and support that is user friendly and personal.

It has been well documented that the Youth Shelter serves about 300 youth and families a year, but it should also be noted that our counselors served approximately 40 families in 2012 as Home Based clients (non-Youth Shelter residents).

Our philosophy is right in line with the current best practices model that is often called the wraparound approach. We are also in the process of completing a bureau wide training called Trauma Informed Care. Our hope is to have all of our staff ready to implement a trauma informed philosophy that truly considers the history of each youth and family has endured as well as maintain a shelter sensitive to individual needs and the safety of the group. Learning this approach will be a challenge primarily because the actual implementation will have to be phased in as the previous Shelter rules and procedures are phased out. It was shared with us by our trainers that the entire process can take anywhere from 3-5 years.

The YSB counseling staff tries to connect with all individuals, agencies, schools, and programs involved with a family and youth in order to help create a community team. If this approach is not accepted by the youth and family, we at least attempt to share essential information with those the family has identified as crucial to the therapeutic plan. YSB counselors are often invited to be on family teams spearheaded by the local Wraparound program that has offices at Centerstone. This strength based, family driven model has also recently been adopted by Monroe County Department of Child Services.

Connecting with the community and working as a partner with others who work with youth and families is important to the YSB staff. We communicate regularly whether it's for referrals, consultation, or advice with Monroe County School Corporation social workers, Monroe County Probation Officers, the Monroe County Juvenile Judge and public defenders, churches, and other counselors either working in private practice or community mental health clinics. We have maintained a very close relationship with Stepping Stones, the transitional housing program for homeless youth. There have been occasions where a Stepping Stones resident required a time-out from the program and the Youth Shelter was able to

accommodate that need. The Youth Shelter has also provided many youth over the last five years with a Stepping Stones application when appropriate.

The Youth Shelter continues to provide daily life skills and psycho-educational groups for our Youth Shelter residents. We are lucky enough to have cultivated healthy and helpful relationships with the following community services that provide expert educators that are kind enough to come to the Youth Shelter and supplement our *Focus* calendar with a variety of topics: Building Healthy Relationships with Middle Way House staff, Shelia Evans of Bloomington Hospital teaches Sexual Health, and YSB counselor Dave Torneo was trained by Middle Way House to discuss Rape and Sexual Assault Prevention strategies and facts. We have brought to the Youth Shelter Mother Hubbard's Cupboard staff to talk about their local food program and the community gardens that help to stock their pantry. We have also begun making trips to the Community Orchard Project site to see the recently planted fruit trees. All of the above educate our youth and expose them to possible volunteer opportunities as well as the growing generosity of our community.

The YSB staff looks forward to a new collaboration in 2013 with Planned Parenthood. This collaboration will further introduce or reinforce the need for sexual education among our young people.



-Dave Torneo, MFT, Clinical Coordinator

From the Clinical Team:

The Youth Services Bureau of Monroe County, in its desire to facilitate more connections to the community and opportunities for education and skill building, has expanded Focus programming and outreach. Focus, our daily psycho-educational group, now includes monthly visits from Planned Parenthood, Middle Way House, and Bloomington Arts for All. Not only do Planned Parenthood and Middle Way House do the invaluable work of describing their services and how to access them, but attention is given to age-appropriate discussions of boundaries, consent, healthy relationships, and reproductive health. Bloomington Arts for All facilitates dynamic arts programming, including painting, sculpting, and writing, three times per month; often this time seeks to amplify themes from throughout the week, including confidence, self-determination, and reflection. The YSB is fortunate enough to partner with Mother Hubbard's Cupboard for gardening assistance, both in project planning and hands-on monthly activities with shelter residents. Residents have visited community gardens, learned about composting, and both planted and tended to a variety of fruits, vegetables, and herbs on our grounds.

Efforts are being made to facilitate meaningful opportunities for residents who, for a variety of reasons, are not at school during the day. Currently, residents are going to Hoosier Hills Food Bank one time per week to aid in packaging and distributing donated food. This introduces residents to a resource in town, begins conversations about the benefits of volunteerism, and allows residents a supplementary experience to the food and nutritional education they receive in Focus and through the gardening project. Starting this summer we will add a weekly visit to the Middle Way House, to establish a connection to a community resource and to explore the topic of empowerment. In addition to weekly yoga/relaxation opportunities facilitated on site by one of our counselors, residents will have the opportunity to explore biofeedback and engage in independent living skills, such as cooking.



Allison Zimpfer-Hoerr, MSW, LSW, Counselor

Project Safe Place Coordinator Report

Safe Place creates a network of Safe Place locations — schools, fire stations, libraries, grocery and convenience stores, public transit, YMCAs and other appropriate public buildings – that display the yellow and black diamond-shaped Safe Place sign. These locations extend the doors of the youth service agency or emergency shelter throughout the community. Youth can easily access immediate help wherever they are. Safe Place is a national youth outreach program that educates thousands of young people every year about the dangers of running away or trying to resolve difficult, threatening situations on their own. This easily-replicated initiative involves the whole community to provide safe havens and resources for youth in crisis.

Project Safe Place began the year with an overwhelming 81 physical sites and 46 mobile sites. However, we noticed a geographical need and were able to recruit 3 new Safe Place Sites in 2012- The Quincy Post Office, Rhino’s Youth Media Center and All Ages Club, and Guardian Martial Arts Center.

In 2012, Project Safe Place attended and participated in eleven community events. During these events, Project Safe Place information is disbursed to youth, parents and other youth serving agencies. At our booth, we also offer an interactive Safe Place games, aimed to test the knowledge of youth about the program. Through the community events listed below, Project Safe Place has been able to inform 7,502 youth and 2,042 adults in 2012.

- The Green Light Project
- National Safe Place Week
- Homeward Bound Walk
- Children’s Health and Safety Fun! Fair
- Stuff-A-Bus
- Safe Halloween Trick-or-Treating
- Ivy Tech Resource Fair
- Homeward Bound Kick-Off
- Monroe County Fair
- National Night Out
- Memorial event for Sophia Travis

In addition to community events, Project Safe Place annually provides education throughout the school systems, such as presentations, student cards and public service announcements. We were able to reach 3,583 youth and 300 adults through these forms of outreach. Project Safe Place also aims to educate youth residing in the Binkley House Emergency Youth Shelter by conducting smaller more focused presentations and holding meaningful discussions. Groups are dedicated to topics like the Safe Place program and monthly awareness themes such as “Teen Dating Violence Prevention” and “Stalking Awareness”.

In 2012 National Safe Place re-designed their website and re-launched the successful **TXT 4 HELP** service. In August of 2012, the Safe Place® logo was updated and rebranded with youth involvement. The Safe Place® logo not only signifies the organization’s corporate brand image, but also represents safe havens for youth in crisis in communities across the country. After 29 years, a brand audit was conducted and feedback suggests it was a good time to refresh the Safe Place logo. The new logo, as pictured, reads the words “Safe Place” with a small house replacing the letter “a” in the word “place”.

Looking into 2013, Project Safe Place has several exciting upcoming events and types of outreach. In March, 2013 a new Project Safe Place commercial will be airing on local cable networks, aimed to inform youth about the program and how a youth in crisis can seek services. A Safe Place billboard contest will also be implemented within the local school system. The winning design will be displayed through outdoor advertising. The program will continue to strive for program growth, by retaining our current sites and adding sites as necessary. Project Safe Place will continue to participate in new community events and search for effective methods of informing youth about the program.



- Vanessa Schmidt, Project Safe Place Coordinator

2012 Outcome Measures for Project Safe Place

58 Youth Served in 2012

35 youth accessed Shelter services as intervention

23 youth accessed counseling assistance only as intervention

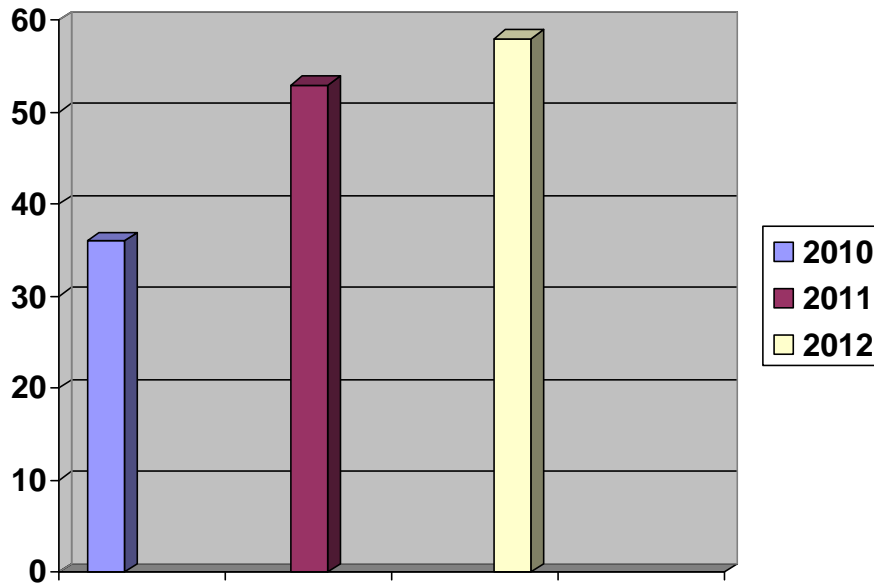
| Number of youth reached through presentations | |
|--|-------|
| Schools | 3,583 |
| Monroe County Fair | 1,225 |
| Community Presentations | 6,377 |

| Number of adults reached through presentations | |
|---|-------|
| Schools | 300 |
| Monroe County Fair | 500 |
| Community Presentations | 1,542 |

| Number of Safe Place Sites | |
|--|----|
| 84 physical sites & 46 mobile sites | |
| Monroe County | 66 |
| Owen County | 7 |
| Greene County | 11 |

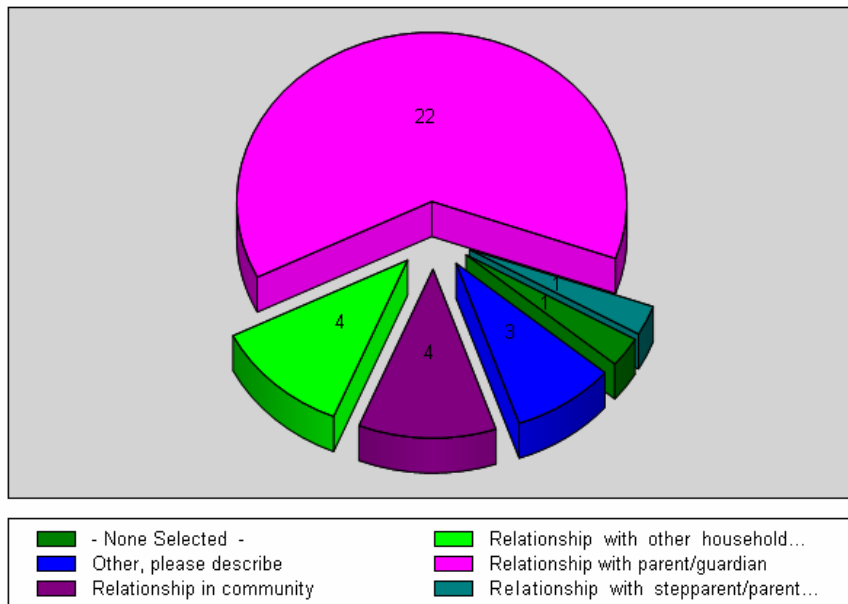
Youth Served by Project Safe Place

(3 year comparison)



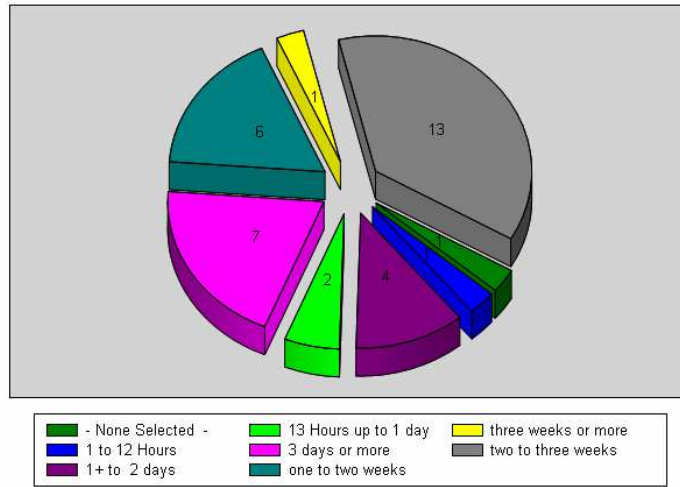
This graph indicates the number of youth utilizing Safe Place services per year (over a 3 year period).

Problem Source - 1/1/2012 to 1/1/2013



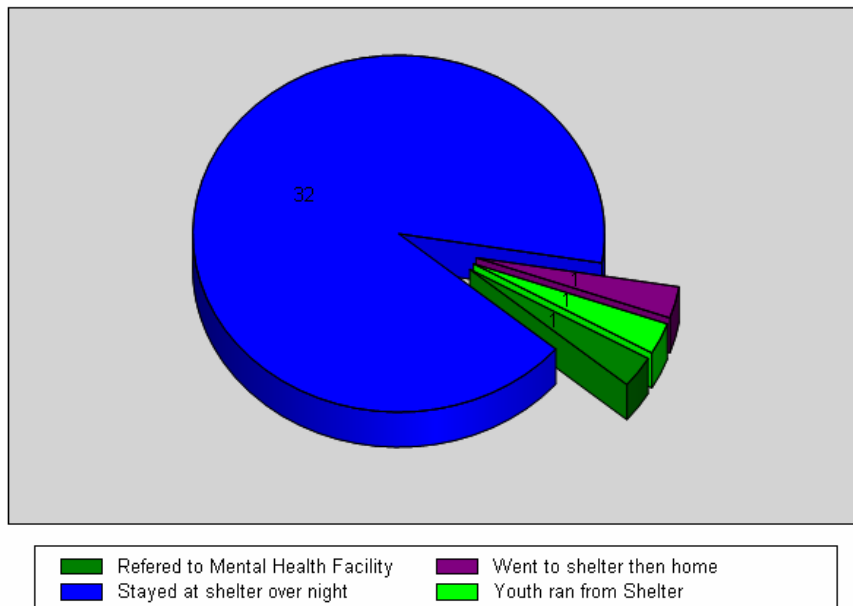
This graph indicates the reported category for youth initiating Safe Place services.

Length of Stay - 1/1/2012 to 1/1/2013



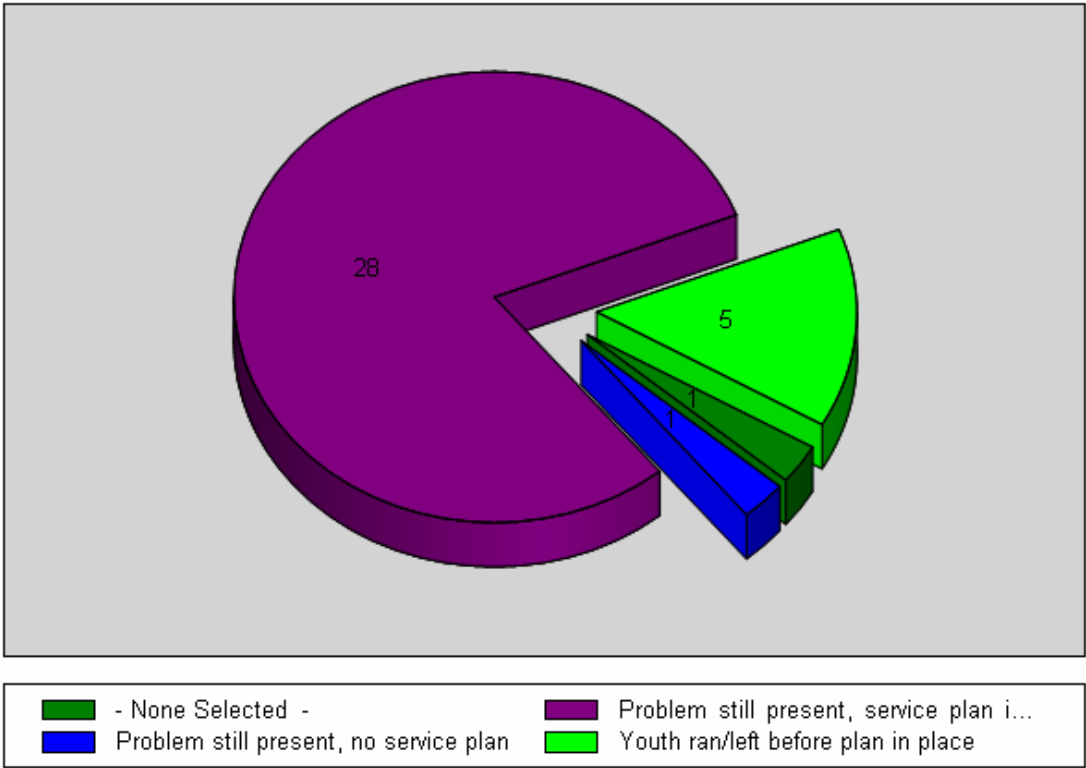
This graph indicates the length of time the youth stayed in the Binkley House Emergency Youth Shelter.

Stay - 1/1/2012 to 1/1/2013



This graph indicates the youth's disposition after initiating Safe Place services.

Exit Plan - 1/1/2012 to 1/1/2013



This graph indicates if a plan was in place to continue to provide services when Safe Place youth exited our care.

2012 Youth Services Bureau of Monroe County

Funding Sources

| Funding Name | Source | Amount | % of total funding |
|--|---|--------------------|--------------------|
| Juvenile County Option Income Tax | Monroe County | \$1,332,997 | 80.45% |
| Department of Child Services 2012 Contract for Emergency Shelter Care (Per Diems) | Indiana Department of Child Services (state reimbursement) | \$169,121 | 10.21% |
| Federal RHY Grant (9/30/11 – 9/29/12) | Federal Reimbursement | \$88,554 | 5.34% |
| State DCS 1503 Youth Services Bureau Grant (7/1/11 – 6/30/12 and 7/1/12 – 6/30/13) | Grant – State Reimbursement | \$35,009 | 2.11% |
| IHBS Hand UP! Grant | Grant – State Funding | \$12,568 | 0.76% |
| Federal Department of Education Lunch Money Program | Federal Reimbursement | \$6,080 | 0.37% |
| State DCS 1504 Safe Place Grant (7/1/11 – 6/30/12 and 7/1/12 – 6/30/13) | Grant – State Reimbursement | \$10,000 | 0.60% |
| YSB Donation Fund | Private Donations | \$2,178 | 0.13% |
| Martin Luther King, Jr. Grant | City of Bloomington Grant | \$500 | 0.03% |
| TOTAL: | | \$1,657,007 | |

Note: This does not include in-kind donations such as intern/volunteer hours nor donated supplies.

- Sarah Borden, Financial Manager

What Youth Served Want Others to Know

“...it helps you learn why you are there and the staff are loving”

“... if a kid is in trouble, he/she can go to the shelter and get help”

“Because being here (whether it be parent placed or another thing) it helps you get a better understanding on how good you wanna be”

“Because it's a good place to get out of trouble”

“It's a great place to clear your head”

“It's a good place to get away from problems and still socialize.”

When asking Youth...

“Would you tell other youth about our program?”

- *“Yes, I feel safe when I was here so they will feel safe too”*
- *“Good way to turn your life around”*
- *“Great experience if you need time away from your family”*
- *“Because it’s a safe place, staff are very friendly & you can get help.”*

“Thanks for all the help. I'm going to miss all of the staff”

What Parents Want the Others to Know

“Objective and did not take anyone's side gave good advice. I could tell she had experience with troubled teens”

“Honest and to the point”

“They always had time for us and worked hard to resolve everything so (my child) could come home!”

“The counselor explained in a way we could understand”

“The counseling services were helpful. The counselor did a good job listening to all perspectives, offering relevant guidance”

“Staff was very attentive and professional”

“The counseling helped my wife and the rest of us in the family, help deal with anger, and anxiety...to work out situation before arguing”

Our Voices, Our Staff

“I support YSB because...”

“...it provides essential services to the at-risk youth in our community.”

- Philip, Overnight Residential Specialist

“...I am making a difference!”

- Mr. Matt, Residential Coordinator/Residential Specialist

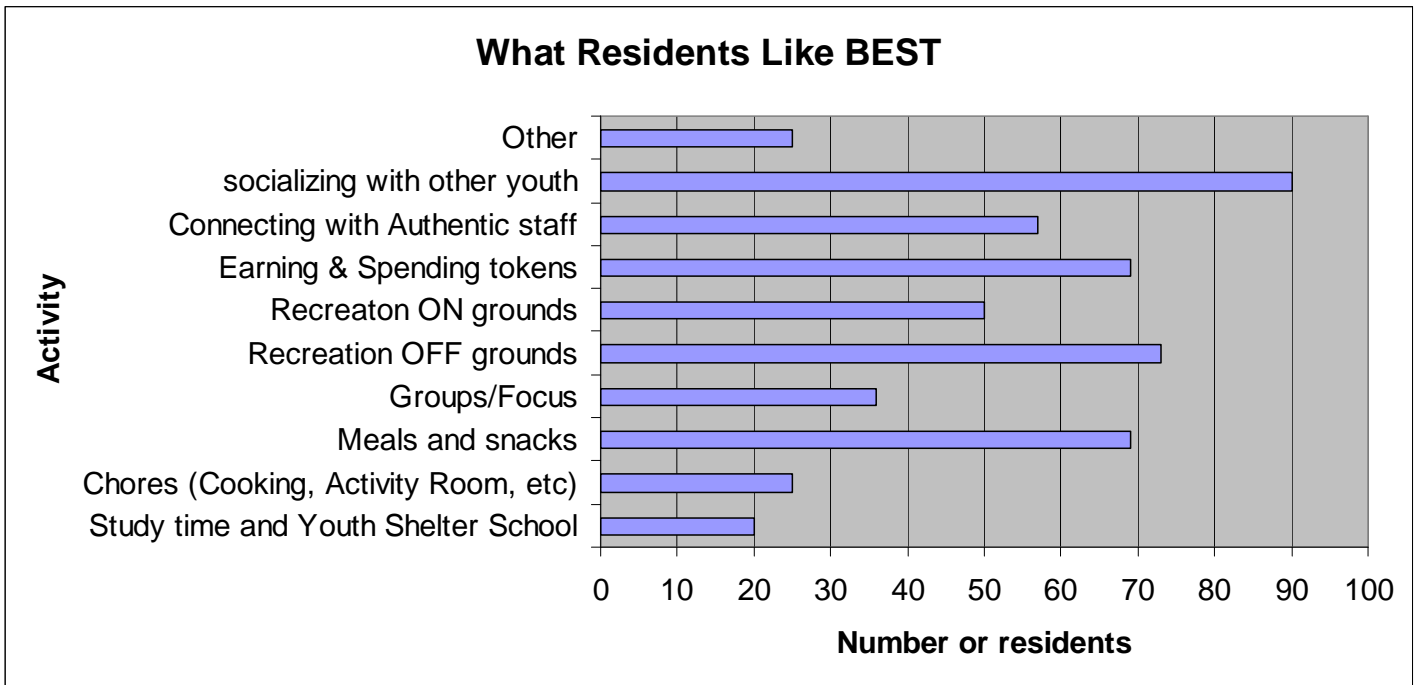
“...the youth need us!”

- Ms. Jenny, Receptionist

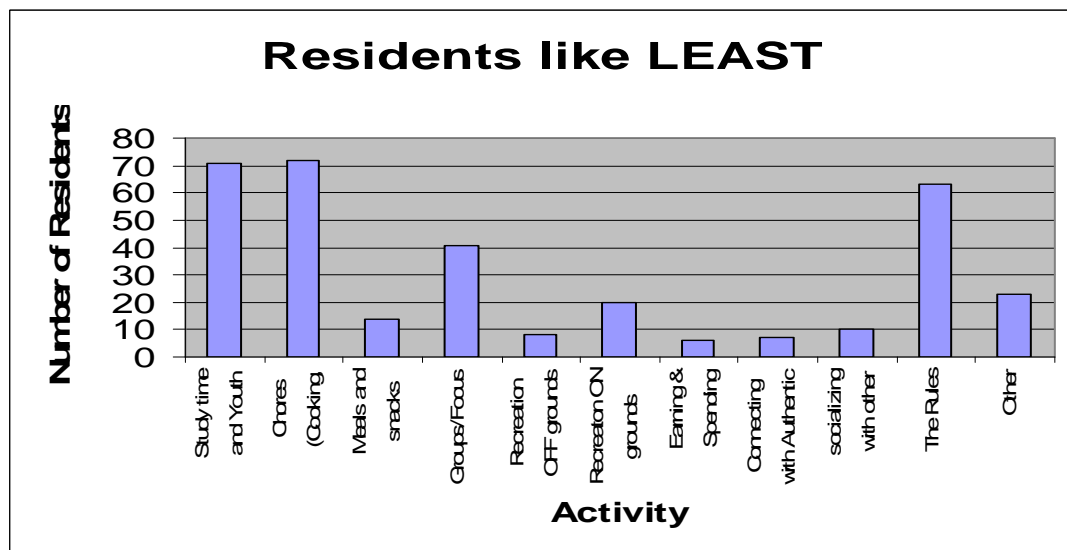
“...it helps youth grow in a supportive environment.”

- Ms. Kelly, Residential Specialist

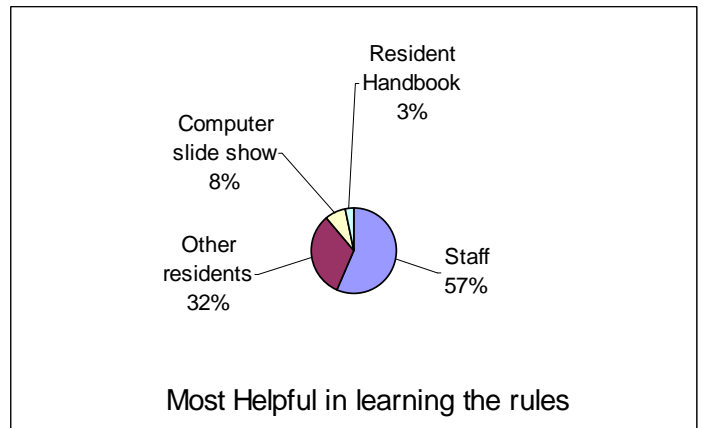
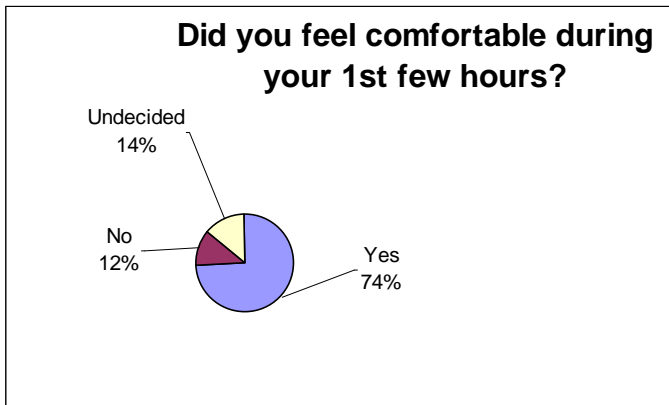
Shelter Youth Surveys for 2012



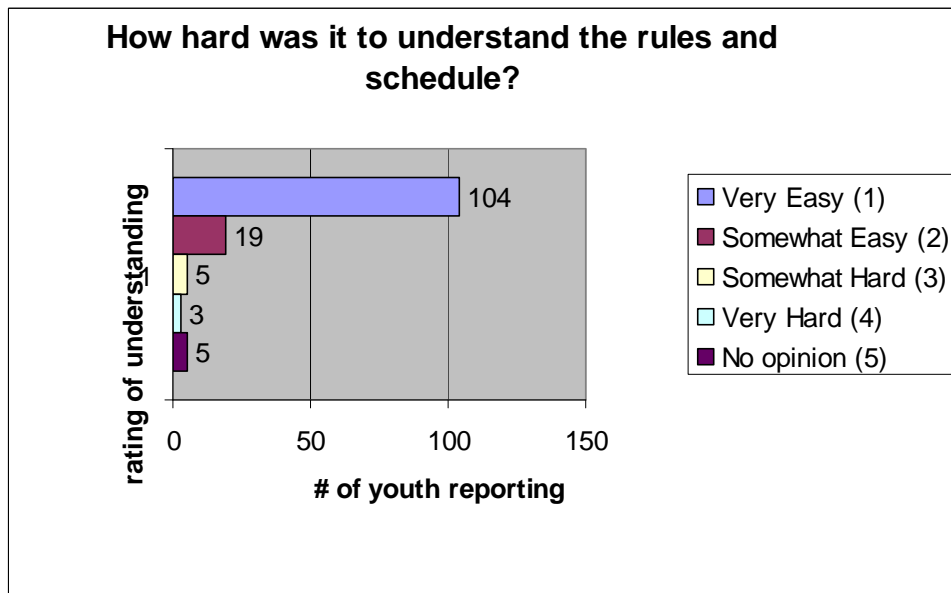
Youth most appreciated the ability to safely socialize with other youth.



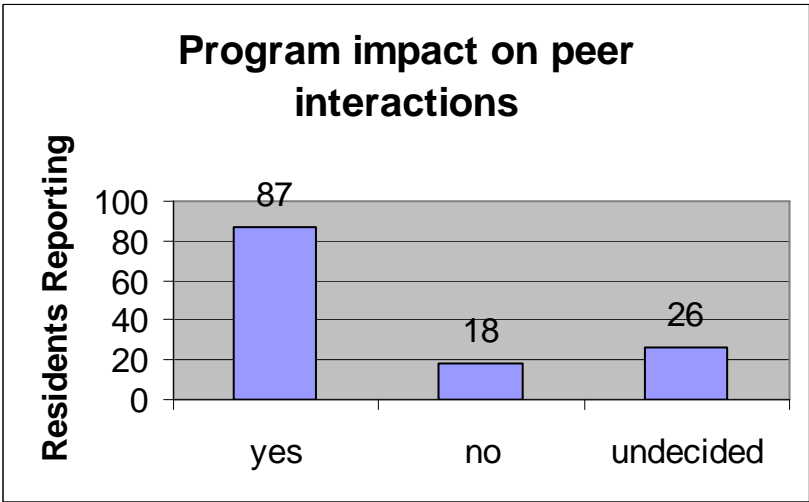
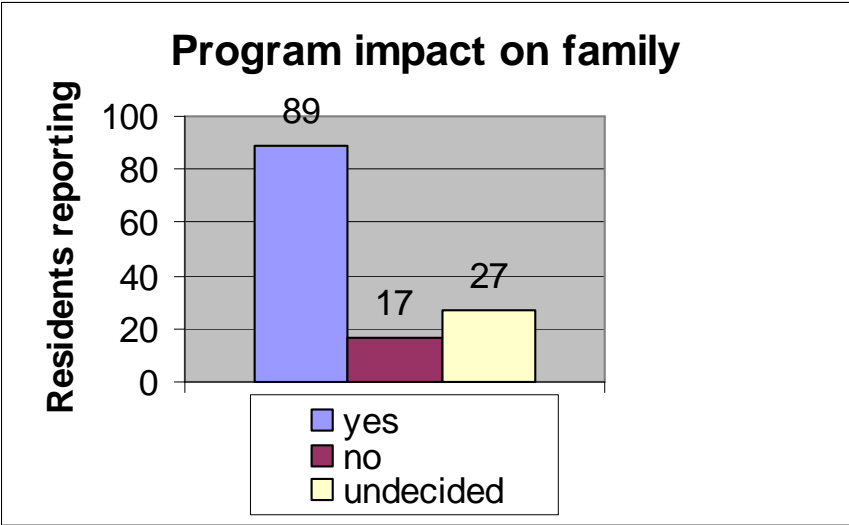
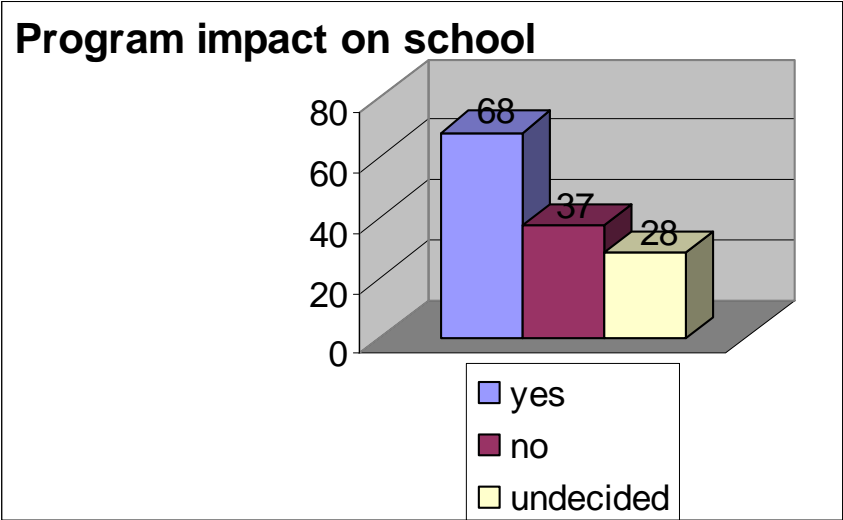
As was to be expected, youth least enjoyed structured study time and chores

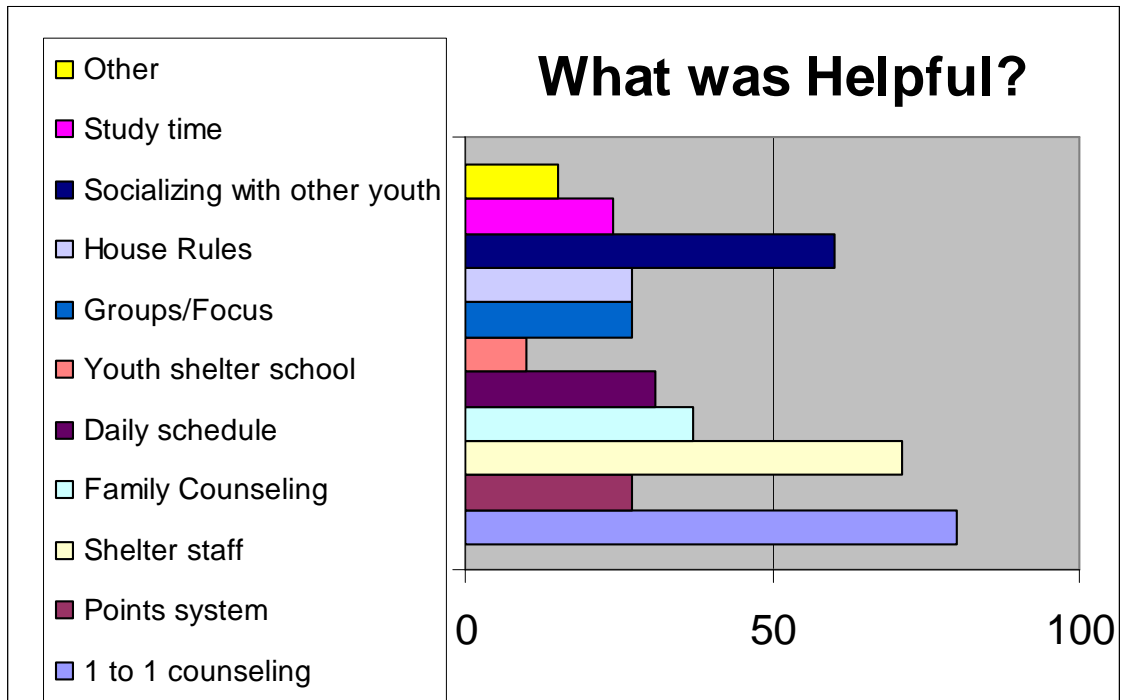


Of those youth who answered surveys:

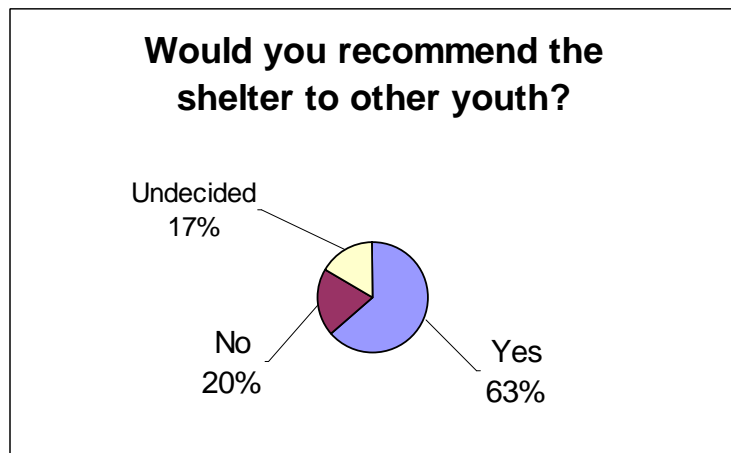


Youth Self-Report on Positive Direct Impact



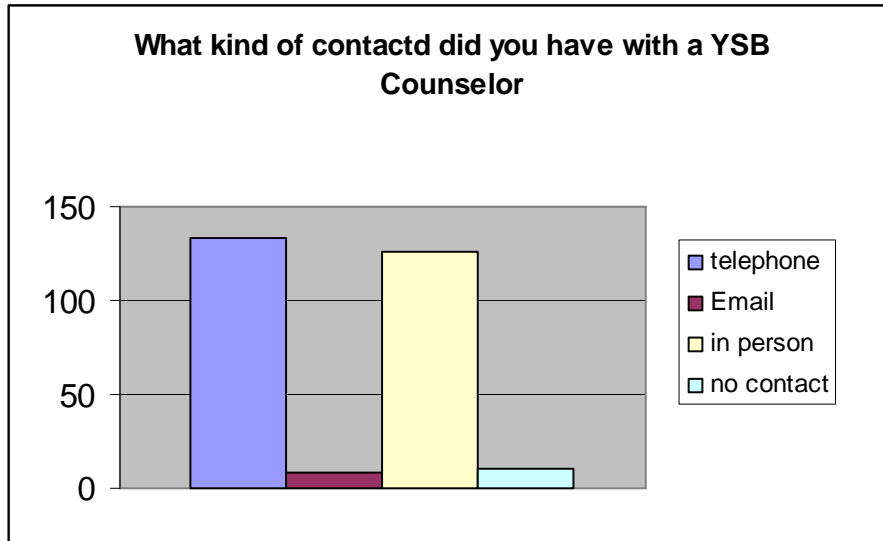


1 to 1 counseling and **shelter staff** were most helpful in making changes and dealing with issues

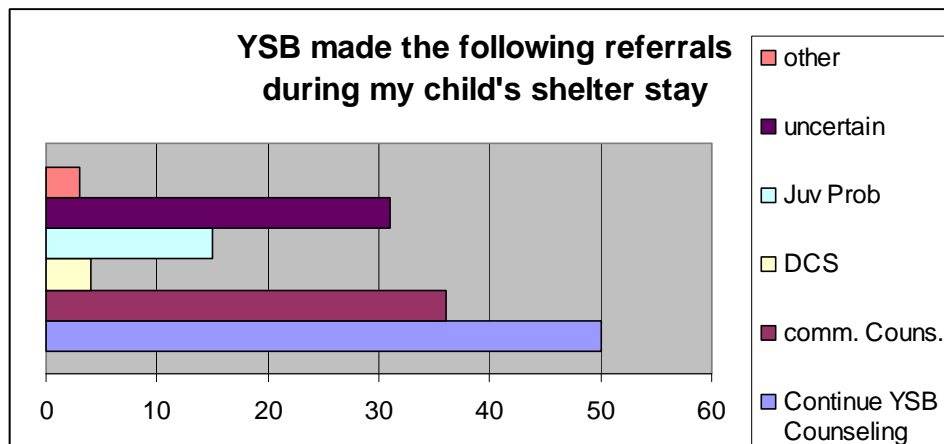


Most common response on why or why not: "It depends on the situation"

2012 Parent/Guardian Surveys (Counseling Offered for Shelter Residents)

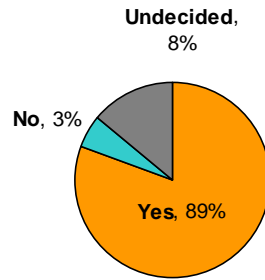


When a youth stays less than 24 hours, contact by a clinician *may* not occur. All youth staying longer than 24 hours meet with a counselor, per regulation.

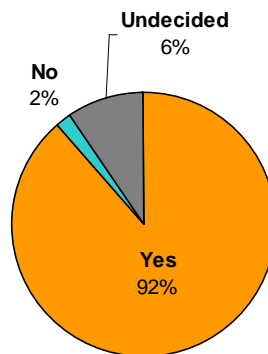


YSB works to ensure youth have aftercare or link to best fit services prior to exiting our shelter program.

Were counseling services beneficial to you/your family?



Would you recommend services to others?



Supporting Data Page

2012 Shelter Data/Demographics/Statistics

Placement Type

| | | Frequency | Percent |
|-------|------------|-----------|---------|
| Valid | Safe Place | 34 | 12.2 |
| | Parental | 176 | 63.3 |
| | Probation | 54 | 19.4 |
| | DCS | 3 | 1.1 |
| | Police | 11 | 4.0 |
| | Total | 278 | 100.0 |

How learned of Program

| | | Frequency | Percent |
|-------|--------------------------------|-----------|---------|
| Valid | Safe Place | 9 | 3.2 |
| | Outside Therapist | 10 | 3.6 |
| | Acute Hospitalization | 7 | 2.5 |
| | other youth | 5 | 1.8 |
| | Juvenile Probation | 85 | 30.6 |
| | 211 or agency info | 4 | 1.4 |
| | previous stay | 106 | 38.1 |
| | YSB Staff | 2 | .7 |
| | Police/Sheriff/Law Enforcement | 20 | 7.2 |
| | DCS | 4 | 1.4 |
| | School | 7 | 2.5 |
| | Other adult/friend | 18 | 6.5 |
| | Total | 277 | 99.6 |
| | Total | 278 | 100.0 |

Age of Resident

| | Frequency | Percent |
|----------|-----------|---------|
| 8 | 1 | .4 |
| 9 | 4 | 1.4 |
| 10 | 2 | .7 |
| 11 | 11 | 4.0 |
| 12 | 16 | 5.8 |
| Valid 13 | 30 | 10.8 |
| 14 | 43 | 15.5 |
| 15 | 71 | 25.5 |
| 16 | 68 | 24.5 |
| 17 | 32 | 11.5 |
| Total | 278 | 100.0 |

Gender

| | Frequency | Percent |
|--------------|-----------|---------|
| Male | 128 | 46.0 |
| Valid Female | 150 | 54.0 |
| Total | 278 | 100.0 |

Age of Resident * Gender Cross-tabulation

Count

| | Gender | | Total |
|-------|--------|--------|-------|
| | Male | Female | |
| 8 | 1 | 0 | 1 |
| 9 | 2 | 2 | 4 |
| 10 | 2 | 0 | 2 |
| 11 | 7 | 4 | 11 |
| 12 | 4 | 12 | 16 |
| 13 | 16 | 14 | 30 |
| 14 | 22 | 21 | 43 |
| 15 | 32 | 39 | 71 |
| 16 | 30 | 38 | 68 |
| 17 | 12 | 20 | 32 |
| Total | 128 | 150 | 278 |

Race of Resident

| | | Frequency | Percent |
|-------|------------------|-----------|---------|
| | Caucasian | 232 | 83.5 |
| | African American | 26 | 9.4 |
| Valid | Hispanic | 8 | 2.9 |
| | Bi-Racial | 12 | 4.3 |
| | Total | 278 | 100.0 |

Has this youth been served at Binkley House Before (returning client)?

| | | Frequency | Percent |
|-------|-------|-----------|---------|
| | No | 118 | 42.4 |
| Valid | Yes | 160 | 57.6 |
| | Total | 278 | 100.0 |

Youth Self-Report:

Do you know about Project Safe Place

| | | Frequency | Percent |
|-------|--------------|-----------|---------|
| | Knowledge | 215 | 77.3 |
| Valid | No Knowledge | 63 | 22.7 |
| | Total | 278 | 100.0 |

County of Residence at time of Intake

| | | Frequency | Percent |
|-------|----------------------|-----------|---------|
| | Monroe County | 238 | 85.6 |
| | Greene County | 8 | 2.9 |
| | Lawrence County | 6 | 2.2 |
| | Owen County | 6 | 2.2 |
| Valid | Morgan County | 7 | 2.5 |
| | Other Indiana County | 11 | 4.0 |
| | Other State | 1 | .4 |
| | Other Country | 1 | .4 |
| | Total | 278 | 100.0 |

Does your family reside within Bloomington's City Limits?

| | Frequency | Percent | Valid Percent | Cumulative Percent |
|-----------|-----------|---------|---------------|--------------------|
| Valid yes | 194 | 69.8 | 69.8 | 69.8 |
| Valid no | 84 | 30.2 | 30.2 | 100.0 |
| Total | 278 | 100.0 | 100.0 | |

Reported Family Income Level per Federal guidelines

| | Frequency | Percent |
|---|-----------|---------|
| Valid Low | 125 | 45.0 |
| Valid Low Middle | 48 | 17.3 |
| Valid Middle | 40 | 14.4 |
| Valid Middle High | 11 | 4.0 |
| Valid High | 2 | .7 |
| Valid Unknown/not reported | 50 | 18.0 |
| Valid Non Applicable/Non Parental Placement | 2 | .7 |
| Total | 278 | 100.0 |

Run away * homeless Cross tabulation

| Count | | homeless | | Total |
|----------|--------------------|--------------|----------|-------|
| | | not homeless | homeless | |
| Run away | not recent runaway | 177 | 23 | 200 |
| | Recent runaway | 67 | 11 | 78 |
| Total | | 244 | 34 | 278 |

Is youth in transition between housing?

| | Frequency | Percent |
|--------------------------|-----------|---------|
| yes - from other to home | 22 | 7.9 |
| yes - from home to other | 28 | 10.1 |
| Valid no | 227 | 81.7 |
| unknown | 1 | .4 |
| Total | 278 | 100.0 |

Insurance

| | Frequency | Percent |
|--|-----------|---------|
| No insurance | 35 | 12.6 |
| Medicaid - Primary | 157 | 56.5 |
| Commercial, Primary - Medicaid, Secondary | 4 | 1.4 |
| Valid One Commercial | 52 | 18.7 |
| Two Commercial | 1 | .4 |
| Unknown | 29 | 10.4 |
| Total | 278 | 100.0 |

Family Makeup

| | Frequency | Percent |
|--|-----------|---------|
| Bio-Nuclear Family | 34 | 12.2 |
| Single Mother | 81 | 29.1 |
| Single Mother with live in partner | 19 | 6.8 |
| Step Family (with bio mother) | 36 | 12.9 |
| Single Father | 17 | 6.1 |
| Single father with live in partner | 6 | 2.2 |
| Step Family (w/ Bio father) | 25 | 9.0 |
| Valid Grandparent(s) | 18 | 6.5 |
| Adopted Family | 16 | 5.8 |
| Foster Family | 8 | 2.9 |
| Ward of the Court (in placement) no foster fam. | 2 | .7 |
| Other Family Type | 15 | 5.4 |
| Unknown | 1 | .4 |
| Total | 278 | 100.0 |

**physical abuse
(youth self-report)**

| | Frequency | Percent |
|---------------------|-----------|---------|
| current | 35 | 12.6 |
| past | 75 | 27.0 |
| Valid none | 150 | 54.0 |
| no report/not known | 18 | 6.5 |
| Total | 278 | 100.0 |

**sexual abuse
(youth self-report)**

| | Frequency | Percent |
|----------------------|-----------|---------|
| current | 2 | .7 |
| past | 63 | 22.7 |
| Valid none | 194 | 69.8 |
| not reported/unknown | 19 | 6.8 |
| Total | 278 | 100.0 |

**Neglect
(youth self-report)**

| | Frequency | Percent |
|----------------------|-----------|---------|
| current | 1 | .4 |
| past | 20 | 7.2 |
| Valid none | 230 | 82.7 |
| not reported/unknown | 27 | 9.7 |
| Total | 278 | 100.0 |

**CPS report made by YSB staff
(youth shared info about abuse/neglect)**

| | Frequency | Percent |
|---------------------------------|-----------|---------|
| YSB made CPS report during stay | 77 | 27.7 |
| Valid No report necessary | 201 | 72.3 |
| Total | 278 | 100.0 |

Has youth engaged in self-harm behavior?

| | | Frequency | Percent |
|-------|------------------------|-----------|---------|
| Valid | current | 8 | 2.9 |
| | past | 49 | 17.6 |
| | none | 196 | 70.5 |
| | not reported/not known | 25 | 9.0 |
| | Total | 278 | 100.0 |

School status

| | | Frequency | Percent |
|-------|----------------------------------|-----------|---------|
| Valid | enrolled & attending | 194 | 69.8 |
| | GED or alternative schooling | 10 | 3.6 |
| | enrolled but truant often | 33 | 11.9 |
| | suspended | 14 | 5.0 |
| | expelled | 9 | 3.2 |
| | Home-schooled | 8 | 2.9 |
| | dropped out - no other education | 6 | 2.2 |
| | Graduated HS | 4 | 1.4 |
| | Total | 278 | 100.0 |

Parent Incarcerated

| | | Frequency | Percent |
|-------|--|-----------|---------|
| Valid | youth denies either bio. Parent Incarcerated | 97 | 34.9 |
| | bio. Father Incarcerated | 79 | 28.4 |
| | bio. Mother Incarcerated | 19 | 6.8 |
| | Both bio. Parents Incarcerated | 36 | 12.9 |
| | Parent Partner Incarcerated | 3 | 1.1 |
| | Sibling or Other Household Member | 2 | .7 |
| | Not Known by youth | 10 | 3.6 |
| | Not Reported | 32 | 11.5 |
| | Total | 278 | 100.0 |

Parent Substance Abuse

| | | Frequency | Percent |
|-------|---|-----------|---------|
| Valid | youth denies either bio. Parent Substance Abuse | 115 | 41.4 |
| | bio Father Substance Abuse | 45 | 16.2 |
| | bio Mother Substance Abuse | 35 | 12.6 |
| | Both bio Parents Substance Abuse | 39 | 14.0 |
| | Parent Partner Substance Abuse | 3 | 1.1 |
| | Other Household Member Abuses Substances | 4 | 1.4 |
| | Not Known by youth | 5 | 1.8 |
| | Not Reported | 32 | 11.5 |
| | Total | 278 | 100.0 |

Youth Services Bureau does not prescribe or distribute medications (General prescriptions or supply the medication) to youth.

Binkley House does administer, per regulations, the medications that youth are prescribed by a doctor and presented to staff during their stay at the shelter. All medication administration is complied with strictly based on the written prescription provided by the doctor, as written on the medication label, unless a doctor's note states otherwise. The below statistics were gathered regarding the types of mental/behavior health medications youth were prescribed and taking while in our care. (All medications are under lock & key and control of the shift's Residential Coordinator for safety and security. Medication counts are conducted nightly to ensure accuracy.)

Antidepressant

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | none | 226 | 81.3 |
| | yes | 40 | 14.4 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

Anti-psychotic medication

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | None | 237 | 85.3 |
| | yes | 29 | 10.4 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

ADHD medication

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | none | 220 | 79.1 |
| | yes | 46 | 16.5 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

mood stabilizer medication

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | None | 253 | 91.0 |
| | Yes | 13 | 4.7 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

Anti-anxiety medication

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | none | 261 | 93.9 |
| | yes | 5 | 1.8 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

other RX – such as Over the Counter Allergy or Anti-biotic

| | | Frequency | Percent |
|-------|---------|-----------|---------|
| Valid | none | 208 | 74.8 |
| | yes | 58 | 20.9 |
| | unknown | 12 | 4.3 |
| | Total | 278 | 100.0 |

Youth self-report of illegal drug use (non-Rx Dr. prescribed)

| | Frequency | Percent |
|----------------------------|-----------|---------|
| current | 59 | 21.2 |
| past | 47 | 16.9 |
| Valid experimentation only | 29 | 10.4 |
| Valid none | 119 | 42.8 |
| Valid not reported/unknown | 24 | 8.6 |
| Total | 278 | 100.0 |

Youth self-report of alcohol use

| | Frequency | Percent |
|------------------------------|-----------|---------|
| current | 40 | 14.4 |
| past | 39 | 14.0 |
| Valid experimentation only | 38 | 13.7 |
| Valid none | 132 | 47.5 |
| Valid not reported/not known | 29 | 10.4 |
| Total | 278 | 100.0 |

Aftercare upon Exit from Shelter Program

| | Frequency | Percent |
|--------------------------------------|-----------|---------|
| Aftercare offered w/ YSB | 40 | 14.4 |
| Aftercare referral to outside agency | 33 | 11.9 |
| Valid Aftercare already in place | 179 | 64.4 |
| Aftercare not planned | 8 | 2.9 |
| n/a less than 24 hr stay | 18 | 6.5 |
| Total | 278 | 100.0 |

There are occasions when a youth may exit the program before a referral or plan can be put in to place by the Clinician.

Where youth went to after Leaving the Shelter Program

| | Frequency | Percent |
|---|------------|--------------|
| Discharged to Legal Guardian | 218 | 78.4 |
| Discharged to DCS caseworker | 7 | 2.5 |
| Client Runaway | 8 | 2.9 |
| Discharged to Detention/DOC | 11 | 4.0 |
| Discharged to Other Family Member | 2 | .7 |
| Valid Discharged to Inpatient Hospitalization | 4 | 1.4 |
| Discharged to Residential Setting | 5 | 1.8 |
| Change Placement Type* - shelter care continued | 23 | 8.3 |
| Total | 278 | 100.0 |

4 youth were in our care at the end of the 2012 year. Their care carried over into the 2013 year.

*changed placement type – there are occasions when the type of placement changes. Youth does not have to physically leave our care and return for their placement type to be changed. For example, a youth can come as a Safe Place placement for up to 72 hours. After that point, if services are to continue and the parent or agency agrees, the placement type changes.

2012 Community Partners / Shared Programming Resources

Thank you for supporting AND connecting youth our community

| | |
|--|--|
| AmeriCorps via Indiana University | Monroe County Community Corrections |
| Asset Building Coalition | Monroe County Community School Corporation |
| Bloomingfoods | Monroe County Department of Child Services |
| Bloomington Fire Department | Monroe County Drop Out Prevention Coalition |
| Bloomington Hospital | Monroe County Extension Office |
| Bloomington Parks and Recreation | Monroe County Fatality Review |
| Bloomington Police Department | Monroe County Health Department |
| Bloomington Transit | Monroe County Historical Society |
| Bloomington Volunteer Network | Monroe County Juvenile Probation |
| Brandon Burlsworth Foundation | Monroe County Parks & Recreation |
| Cardinal Stage Company | Monroe County Public Library |
| Centerstone | Monroe County Recycle Center |
| Circles Initiative – Monroe County | Monroe County Sheriff's Dept. |
| Community Gardens | Monroe County Wrap Around |
| Community Justice & Mediation Center | Monroe County YMCA |
| Community Orchard Project | Monroe County Youth Council |
| Discardia | Mother Hubbard's Cupboard |
| Exotic Feline Rescue Center | Owen County YMCA |
| Family Solutions | Pages for Prisoners |
| Iota Phi Theta Fraternity Inc. | Planned Parenthood |
| Indiana University Athletic Department | Purdue Cooperative Extension - Monroe County |
| Indiana University – Department of Theater & Drama | |

(Continued – Partners & Community Supporters of our Programming)

| | |
|---|---|
| Indiana University – Office of Global and Community Health Partnerships | Rhino’s All Ages Music Club |
| Indiana University Human Development & Family Studies | Richland Bean Blossom Schools |
| Indiana University Master’s Level Education Program | Rural Transit |
| Indiana University Scholar Corps | Shalom Community Center |
| Indiana University School of Social Work | South Central Community Action (S.C.C.A.P.) |
| Indiana Housing & Community Development | Stepping Stones, Inc. |
| Indiana University- 21st Century Scholars | The Children’s Door |
| Indiana University Art Museum | The Franklin Initiative |
| Indiana University Greenhouse | United Way of Monroe County |
| Indiana University Mathers Museum | Volunteer Network |
| Indiana University Orchestra | WBWB Bloomington Radio Station |
| Indiana University School of Journalism | WFHB Radio Station |
| Ivy Tech. Community College | WGCL Radio Station |
| Marines Toys for Tots Foundation | WonderLab |
| Meadows Behavioral Health Hospital | Work One |
| Middle Way House | Wrap Around Services – Monroe County |
| Milestones | |