

**Community Health Improvement Plan (CHIP) Monroe County
Poverty & Navigating Health & Social Services Workgroup**

April 7, 2023
10 am on Zoom

- I. Attendees: Kamala Brown-Sparks, Tonda Radewan, Julie Duhon, Ody Ekwonwa, Brynn Parkinson, Stephanie Roberts, Annie Eakin, Lisa Robinson, Jessie Yeary
- II. Breakout rooms
 - A. Deferring housing subcommittee meeting to 4/14 at 2pm.
 - B. Progress and meeting minutes within Transportation (Stephanie, Julie, Brynn) and Navigator (Kamala, Tonda, Ody, Annie, Lisa, Jessie) groups was recorded on the goals and objectives templates
- III. Quickly reported out about what we worked on during the meeting. The transportation group only had 2 community members and Stephanie and, as a group they felt they needed more participation to inform their discussion.
- IV. Next steps
 - A. Housing meeting on 4/14 facilitated by Stephanie and Mary Morgan at 2pm on Zoom
 - B. Annie will work on the language of the Navigator goals and objectives
 - C. Tonda will send (and did) the following
 - 1. Link to the [Heading Home Guide](#)
 - 2. Job descriptions for navigators
 - 3. Pdfs about Secondary Stress & Compassion Fatigue for inclusion in Navigator trainings
 - 4. Information about Continuum of Care
- V. Next meeting on Zoom

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Opportunity	Strategies	Who Can Help? Me / Who is Missing?	Next Steps	Gaps
control & knowledge - do it				
Navigators / Better System for Helping Residents	<p>Need to identify organizations already providing service</p> <p>Need to create framework, make sure information in FindHelp.org is current and how we can help update</p> <p>May need someone with responsibility to communicate with all organizations to help update information; would require permission to access info</p> <p>Need to discuss how 211 and FindHelp.org fit in</p> <p>Want place residents can go to get access to resources (e.g., Georgetown model for funding) Identify locations residents can access info (e.g. Indiana Recovery Alliance, Stride Center, HealthNet)</p> <p>May need to encourage people to call 988 instead of 211 for mental health</p>	<p>HealthNet</p> <p>IRA</p> <p>SCCAP</p> <p>All nonprofits</p> <p>211</p> <p>FindHelp.org</p> <p>START at IU</p> <p>Community and Family Resources (Michelle/Aubrey)</p>	<p>Tonda to forward recommendations from Community and Family Resources</p> <p>Talk to someone at City Community and Family Resources about updates (Kamala will talk to Michelle/Aubrey)</p> <p>Ask for brief history of 211 and FindHelp.org to understand relationships (Melanie)</p>	<p>Transportation – need to help people get to resources</p> <p>A lot of people don't speak English – won't go if they can't communicate</p> <p>People's schedules limit access to services</p> <p>More navigators – have some navigators at HealthNet, Community Kitchen, Hub, Helping BloomingtonMonroe</p> <p>Case work/management – those who provide are overwhelmed and there is a lot of turnover</p>

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Better Education About Resources	<p>Need hub for education needed re: diet, health eating on budget, exercise, stress reduction, substance use, sleep, social interaction, healthy lifestyle (e.g. library, Banneker Center)</p> <p>Need to determine how information can be provided outside doctor's office</p>		<p>Ask other HealthNet staff (clinic manager) to come to next meeting</p> <p>Reach out to Mother Hubbard's Cupboard and Community Kitchen about their efforts (Annie)</p>	<p>Availability of healthcare providers</p> <p>Communications for warm hand off between providers</p> <p>Awareness of resources available</p> <p>Information hub for preventative care information</p>
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