

Agreement for Virtual Mental Health and Substance Use Treatment Services

Agreement made between the Monroe County Health Department ("County") and Limelight Recovery, LLC ("Contractor").

Whereas, the County has identified specific, core public health service areas, as required of local health departments that desire to contract with core public health service providers under the Health First Indiana Program; and,

Whereas, the Contractor offers a wide range of mental health and substance use services to individual, families, and groups who are motivated for positive change via tele-health services; and,

Whereas, the services offered by Contractor constitute the identified core public health service of trauma and injury prevention; and,

Whereas, the County desires to obtain the foregoing trauma and injury prevention services from the Contractor; and,

Whereas, the Contractor wishes to provide the foregoing trauma and injury prevention services to the County;

It is, therefore, mutually agreed by the County and the Contractor as follows:

1. Scope of Agreement and Contract Amount. The Contractor shall provide virtual therapy services to Monroe County residents, and in person harm reduction therapy at the Indiana Recovery Alliance in Bloomington, Indiana, using an evidence-based framework for harm reduction services as detailed in the Application Proposal attached hereto and incorporated herein as "**Exhibit A.**" The total amount paid to Contractor under this Agreement is Five Thousand Dollars (\$5,000.00), which shall be paid in a lump sum upon approval of this agreement.

2. Reporting and Metrics. Contractor shall submit quarterly reports to the Monroe County Health Department Administrator that include the following information:

- a. Zip codes of individuals served pursuant to this agreement;
- b. The number of individuals served;
- c. The Number of group virtual therapy sessions conducted; and
- d. The number of individual virtual therapy sessions conducted.

3. Term. The term of this Agreement shall end nine months from the date of final approval of this agreement.

4. Non-discrimination. Contractor is aware of the County's policy prohibiting harassment of any kind. If Contractor becomes aware of any harassment, Contractor shall

immediately report harassment to the Monroe County Legal Department. In the performance of work under this Agreement, it is agreed that Contractor, any of its subcontractors, or any person acting on their behalf shall not, in any manner, discriminate against or intimidate any employee or job applicant with respect to their hire, tenure, terms, conditions or privileges of employment, or any matter directly or indirectly related to employment, because of their race, religion, color, sex, national origin, ancestry, sexual orientation, gender identity, disability, housing status, or status as a veteran – or discriminate by reason of such factors, against any citizen of the State of Indiana who is qualified and available to perform the work.

5. Compliance with Law. Contractor shall comply with all State of Indiana and Monroe County applicable laws and regulations, including the County’s policy prohibiting harassment. Contractor shall indemnify and save harmless Monroe County for any fines or expenses of any nature which it might incur from Contractor’s noncompliance. If required by law, Contractor will comply with IC 22-5-1.7 et seq., specifically including the following:

- a. Contractor to enroll in and verify the work eligibility status of all newly hired employees of the Contractor through the E-Verify program.
- b. Contractor is not required to verify the work eligibility status of all newly hired employees of the Contractor through the E-Verify program, if the E-Verify program no longer exists.
- c. Contractor must sign an affidavit affirming that Contractor does not knowingly employ an unauthorized alien.

6. Independent Contractor. It is fully understood and agreed that Contractor and its employees are serving as independent contractors and are not employed by the County. As such the parties agree to the following:

- a. Contractor is NOT performing this work under the supervision or direction of the County.
- b. Contractor shall use non-County materials and equipment to perform this work and to develop and duplicate any and all materials.
- c. Contractor shall have exclusive control over the means, methods and details of fulfilling the obligations under this Agreement. Contractor is not to receive direction or supervision from any County employee or representative. The County will provide feedback to and review any drafts submitted by Contractor.
- d. Contractor executes this Agreement as an independent contractor, and shall not be considered an employee or agent of the County for any purpose.

e. Contractor shall pay all taxes, withholdings and contributions required by Social Security (FICA) laws, Indiana and federal income tax laws, and Indiana unemployment insurance laws, as required by law.

7. Governing Law. This Agreement shall be governed in accordance with the laws of the State of Indiana. The venue for any litigation resulting from or related to this Agreement shall be Monroe County, Indiana.

8. Notices. Notices to Contractor shall be sent via email to Alyson Grider at alyson.grider@limelightrecovery.com. Notices to the County shall be sent to Lori Kelley, Administrator, Monroe County Health Department, 119 W. 7th Street, Bloomington, IN 47404.

IN WITNESS WHEREOF, Contractor and the County have executed this Agreement as dated below and, if executed in two counterparts, each shall be deemed an original.

APPROVED BY CONTRACTOR, LIMELIGHT RECOVERY, LLC this _____ day of _____, 2024.

By: _____

APPROVED BY THE COUNTY, MONROE COUNTY BOARD OF HEALTH this _____ day of 2024.

By: _____

APPROVED BY THE BOARD OF COMMISSIONERS OF THE COUNTY OF MONROE, INDIANA this _____ day of _____, 2024.

Julie Thomas, President

Penny Githens, Vice President

Lee Jones, Member

ATTEST: _____
 Brianna Gregory, Auditor

EXHIBIT A

Application Proposal

Proposed Program: Limelight Recovery, LLC provides virtual therapy services across the state of Indiana, and in person harm reduction therapy at the Indiana Recovery Alliance in Bloomington, IN. We currently offer a once a week, one-hour substance use therapy group using harm reduction as the evidenced based framework. The group is called Convergence and meets on Wednesdays from 11:30-12:30 and Thursdays 5:00 - 6:00 pm through a virtual platform. The goal is to support individuals to make their relationship to substances align with their highest values. This program will run for 9 months to reduce barriers for individuals needing harm reduction group therapy for 12 sessions. Each participant will receive coverage of the service fee for each session at the rate of \$15 per session or cost of copayment and/or deductible with use of health insurance that the participant is not able to pay (ranging from \$15-40 per session). The group will follow the evidenced based practice of harm reduction substance use treatment and include aspects of the Power Over Addiction workbook written by Jennifer Fernandez, Not Drinking Tonight: The Workbook by Amanda White, tools from Motivational Interviewing and Acceptance and Commitment Therapy, and teach mindfulness skills. The principles of harm reduction will be the foundation of the relationships built in this setting and empower individuals to determine what recovery means in their lives.

A partnership between Limelight Recovery, LLC and Monroe County Health Department would improve access to harm reduction therapy resources to more people in the county, and this evidenced based approach can produce better treatment outcomes by cultivating internal motivation for positive change instead of forcing change on to them. This partnership would allow individuals without health insurance or those with health insurance who cannot afford their copayments to access evidenced based treatment to make positive change related to their substance use.

The problem we hope to address within this community is the gap in how many people struggle with substance related concerns that do not seek help due to not identifying with the need for total abstinence or not wanting an external entity to decide what is right for their lives when already faced with powerlessness regarding their role in the current economy and with stigma related to addiction. Substance use treatment programs that require abstinence in order to take part in them, force individuals from marginalized communities or those who have not been successful in abstinence required treatment to adopt a view of themselves and of their relationship to drugs that may or may not align with their cultural beliefs and personal values. This reduces treatment retention, successful treatment and recovery outcomes, and reinforces chaotic substance use. Harm reduction model allows the treatment to be centered on each individual's needs and beliefs about their life and relationship to drugs. It allows them to create goals for positive change related to the specific harm associated with substance use that they identify, and this framework will allow for improved treatment participation and outcomes. It will improve honesty regarding their relationship to drugs and reduce rates of return to use. This is a direct result of shifting views away from any substance use being a "failure". This black and white thinking style perpetuates return to chaotic use instead of evaluating what happened when they used and learning about additional unmet needs which is the goal for all substance use treatment. Expanding access to harm reduction group therapy for substance use will promote harm reduction

principles in this region and prevent trauma and injury for those who have a relationship to substances. The hope is that more individuals from marginalized populations can access substance use treatment services.

Population/Demographics focused on: Individuals with a relationship to substances, criminal justice involved individuals, people without insurance, people who are low income and cannot afford treatment, people with insurance who have too many expenses and cannot afford copayments or deductible, those deemed indigent by the court system, individuals from marginalized communities who have historically been harmed by systemic oppression making them more apprehensive about formal treatment through mental health industrial complex.

Funds will be used to cover the cost of each group for individuals seeking substance use treatment services but cannot afford it. The group costs \$140, and we work with individuals based on income on a reduced rate self-pay fee of \$15. For anyone seeking treatment without the means to pay, the grant will cover the fee of \$15 per group session. The group is 12 sessions long. Copayments can range from \$15 to \$40 for a group session. We hope to provide 12 sessions to between 20-25 participants. We will keep 6 slots of proposed group funding for individuals who are involved with the criminal justice system who are mandated for treatment but cannot afford to pay. The remaining 14-19 positions of covered group therapy will be for those seeking out this group specifically who cannot afford to pay. We will promote this opportunity for covered group therapy to participants of the Indiana Recovery Alliance, through our social media, on Facebook's Bloomington Private Practice group page and to other mental health and substance use providers to ensure those who may not otherwise sign up or seek out services due to barriers of cost are aware of the opportunity.

The timeline is for 9 months from March to December. This will allow individuals to begin treatment from March 1st, 2024 to September 1st, 2024 and be able to complete the 12 sessions of the group before the end date. Quarterly documentation will be submitted to show cost and number of participants who have been served through this grant.

Limelight Recovery, LLC is requesting \$5,000 to facilitate harm reduction group therapy for 12 sessions at the cost of \$15 per session (or copayment amount they cannot afford when using insurance which varies) for 20-25 people over a 9-month period. Twelve sessions at the cost of \$15 would total \$180 for each participant. The maximum number of individuals served would be 28 individuals.

Alyson Grider, Co-Founder, Clinical Supervisor, and Group Facilitator will be primary contact person and program manager. Alyson Grider will be responsible for submitting required documentation and reports. She will also be responsible for contract signature. Her contact information is: Alyson Grider, alyson.grider@limelightrecovery.com, 812-994-0058. A quarterly report will be sent regarding how many clients are accessing services due to this funding. A record of demographics will be kept for participants including race, gender, socioeconomic status, housing status, and involvement with the criminal justice system to see if marginalized communities are accessing this service.