Notes

Monroe County Substance Use Disorder Awareness Commission (SUDAC) June 21, 2024, Noon-1pm at Monroe County Courthouse Nat U. Hill Meeting Room

Present in person: Peter Iversen, Melanie Vehslage, Ashley Collins, Penny Githens, Patricia Cummings, Karen Wrenbeck, Steve

Malone, Whitney Meeks **Present online**: Sarah Larson

- 1. Call to Order (Peter Iversen, County Council) 12:04 pm
 - a. Penny motioned to add the resolution to the agenda, Patricia seconded
 - b. Unanimous approval to add to the resolution to the agenda
- 2. Committee Reports
 - a. 2024 Educational Summit Committee Report (Planning Committee Representative)
 - i. Event planner identified Commissioners office (Angie) thought to be in communication with potential planner.
 - ii. W-9 for sponsoring agency obtained and invoices to distribute are in the works
 - iii. Reminder to save the date: September 5th 2024 for Recovery Summit
 - b. Opioid Settlement Committee Report (Peter Iversen, Council)
 - i. Apply Today here
 - ii. Deadlines for first round concludes June 30th
 - iii. Several organizations and departments have applied
 - iv. Board of Commissioners will create official review group
 - Expect this on Commissioner's regular session <u>agenda June 26th</u> at 10 am
- 3. Resolution Proposal drafted for SUDAC Recommendation for 2024 Monroe County Recovery Summit Speaker Honorarium
 - a. Change spelling of Summitt to Summit in addition to changes submitted by Molly Turner-King
 - b. Steve motioned to accept changes, Ashley seconded
 - c. No further comment
 - d. Unanimous approval of changes
- 4. Presentation by Dustin A. Hanlin, MSW, LCSW, CCHP-MH regarding new Monroe County Jail positions.
 - a. Mr. Hanlin is the Regional Behavioral Health Manager for Freedom Behavioral Health, a division of ACH who is contracted with Monroe County Jail to provide medical and mental health services.
 - b. 3 new positions, Qualified Mental Health Professional (QMHP masters level with clinical license), Discharge Planner, and Substance Abuse Counselor

c. QMHP - Currently Hired

- i. This is adding an additional QMHP to two existing roles in jail
- ii. Services are acute, and can provide follow for higher need, and group therapy as well as more followup on regular basis.

d. Discharge Planner - Currently hired

- i. Have introduced STI testing with collaboration with Hope Resource Center
- ii. Connected with New Leaf New Life NLNL and are collaborating with supportive housing at Centerstone
- iii. Would like to work on bridge prescriptions to continue mental health medications upon release, and want to assist with transportation, medical appts etc. and connect upon re-entry

e. SUD counselor - not hired; currently interviewing

- i. This is individual counselor focusing on SUD who will be certified to diagnose SUD and offer group therapy sessions focused on validated modalities
- ii. Want to connect with community treatment and other services upon release

f. Questions:

- Steve: SUD Counselor Counseling in jail? Counseling was already happening, but this position will offer more services by referral or patient request for both individual and group.
- ii. Will there be limits for group? A: Yes, likely 10-15.
- iii. Ashley: what curriculum will be used? Hazel Dell but they are open to other options so long as the curriculum is validated
- iv. Penny: If average length of stay is 7 days, will that be a barrier [to programming/planning]? A: It could be a barrier, but process and discharge plan will be helpful.
- v. Peter: With the discharge planner, are there additional items that will help them complete their role? A: The position is being built up, working on the warm handoffs and establishing connections with community agencies.
- vi. Peter: Is the discharge planner from a referral system? A: Yes, referrals come from different places, could self refer, have in-house referral, or outside referral like probation.
- vii. Ashley If an inmate had an established relationship with an outside organization, how does the outside organization contact the discharge planner? A: Make plans directly with DC planner, but would defer to county jail to ask their preference on communication. An ROI would be needed. Reach out to work with jail commander.
- viii. Peter: Do you have other facilities in the state that have these positions? A: Not in Indiana, but in other locations such as Illinois.

- ix. With SUD counselor and other programming, there is potential, if approved, to utilize MAT.
- x. Ashley Is there a way to get the Centerstone ROI to you? A: email Dustin.hanlin@freedom-bh.com
- xi. Melanie What types of MAT are provided in other facilities? A: medical partners need to have a doctor with a DEA license. Have been able to use suboxone strips or other forms. In some facilities they are in the beginning stages of allowing a person to continue MAT in the type that they were on before incarceration, just not initiating it in the jail.
- xii. Melanie If planning to continue MAT for a person coming into the jail, can methadone still be continued? A: Methadone has a strict process, but as long as there are processes and policies in place, he has seen it happen.
- xiii. Melanie With STI testing, are they also doing treatment for STI's and are they doing HIV and HCV testing as well? A: Will need to ask medical partners for clarification. If a person has an STI then they would be treated by medical partners in the jail. Can find out about HCV treatment.
- 5. Integrated Reentry and Correctional Support (IRACS) program and Certified Recovery Community Organization (RCO)
 - a. No updates on IRACS waiting to hear from Mr. Whitaker
- 6. Community Health Assessment Update (Health Department)
 - a. Community Health Assessment focus groups have wrapped up, the survey has been extended one week to this Sunday June 23rd 11:59. Find the link on our website under Population Health and outreach Health Assessments. Thursday 6/20 had a post on MCHD Facebook page. Link has not changed from previous shares
 - b. Be on the lookout for updates for a published assessment, followed by the development of community health improvement plan team creation later in the year.
- 7. Approval of Minutes
 - a. Any changes to minutes? None noted.
 - b. Penny moved approval for May 2024 SUDAC notes as written, Steve seconded
 - c. No further conversation
 - d. Unanimous approval
- 8. Member Announcements and updates for any item not on the agenda
 - a. Whitney
 - i. New IRA building is still in process
 - ii. Whitney completed exam for peer recovery coach will be going up to phase II and working in the RCO that IRA plans to establish.
 - b. Patricia

 Child support office still working on finding more resources for folks having trouble paying for and connecting to services like Centerstone and other recovery services.

c. Penny:

i. At joint Commissioners/Council meeting 6.20.24, discussed additional funding for Courage to Change for up to 2 additional houses, in addition to opioid settlement potential. Excited about offering additional recovery housing in this community. Still requires formal vote.

d. Steve

i. CARES board working on fall community meeting. Discussing MAT and availability in the community as a topic for upcoming panel. Finalized grant appropriations last night. 10-11 grantees, all of whom will get money, but there is only 35k to disperse. If interested in applying as a CARES board member, email smalone@co.monroe.in.us.

e. Karen:

i. Public Defender has two openings in the position. Find them at Monroe County employment page.

f. Ashley:

i. Centerstone was chosen to be a CCBHC (certified community behavioral health center). This is exciting because it provides model to help people where they are, rather than level of need dictating level of services. Indiana was 1 of 7 states selected for this model. Will have more updates as that continues to roll-out. Mobile Crisis still fully staffed.

g. Melanie:

- i. MCHD staff have participated in providing feedback to the Bloomington health Foundation regarding its Mental Health initiative. They have more information on bloomhf.org/news/ but in general are focusing on a coalition of peer navigators, a universal system for tracking an a universal ROI.
- ii. Learned of new kiosk for medication disposal in Ellettsville at the police department at 1406 W Guy Mccown Drive.
 - MCHD's Harm Reduction Safe sharps disposal section of the website
 has been updated to reflect this information as well as other locations
 around Monroe County that we are aware of that have drug takeback
 options. Reminder that MCHD does carry fentanyl test strips supplied
 by Overdose Lifeline. More info on the health department webpage
 under Harm Reduction and Overdose Prevention.

h. Peter:

i. It is budget season for County Council, remember to consider how your department can support those with SUD when drafting proposals

9. Adjourn

Next meeting: July 19, 2024

Meeting location: Monroe County Courthouse
 Quorum needed in person: 6 people.

• Virtual Attendance: Find the link on the calendar at http://co.monroe.in.us.

