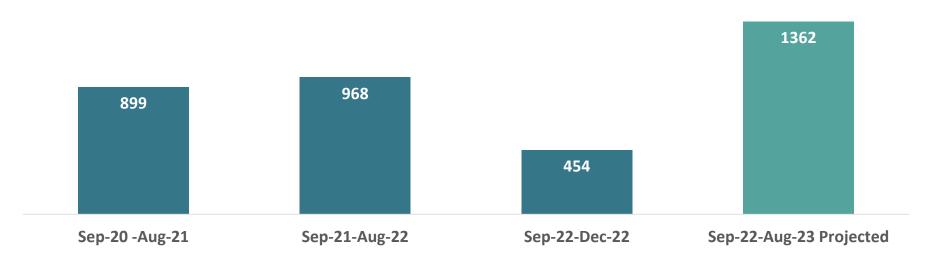


# Stride Updates July – December 2022



### **Guests Over Time Yearly**

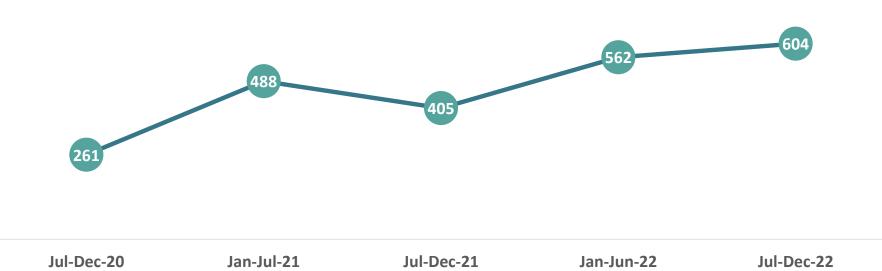
Stride Guests Over Time Total Guests: 2,321





#### **Guests Over Time 6 Months**

**Stride Guests Over Time Total Guests: 2,321** 



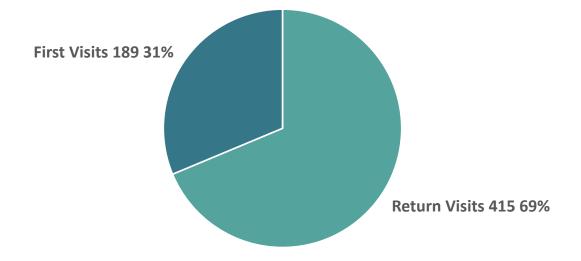




#### **Total Guests**

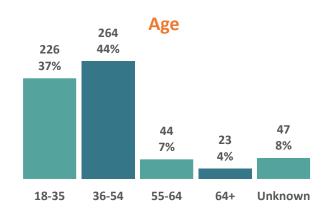
**Total Unique Guest Visits: 604** 

First Visits vs. Return Visits

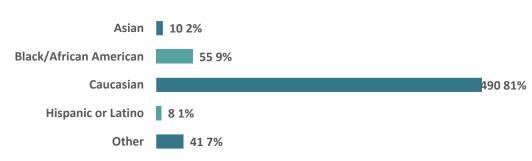




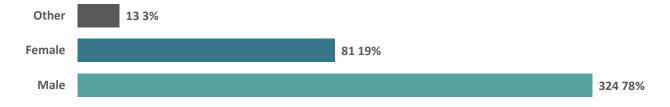
## Demographics



#### **Ethnicity**

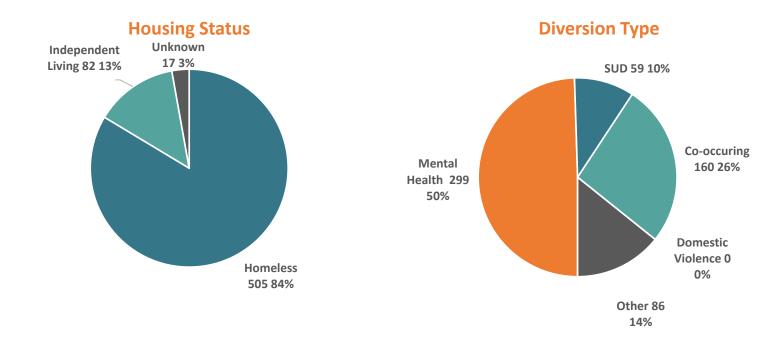


#### **Gender**





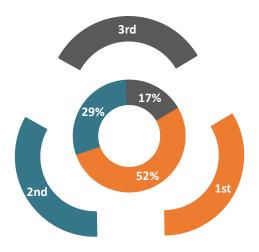
## **Demographics Continued**



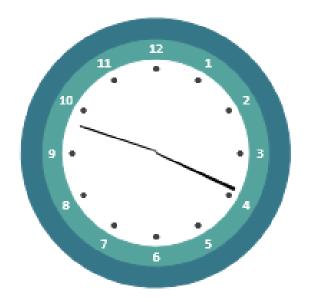


## Time Spent at Stride

**Referal Shift** 

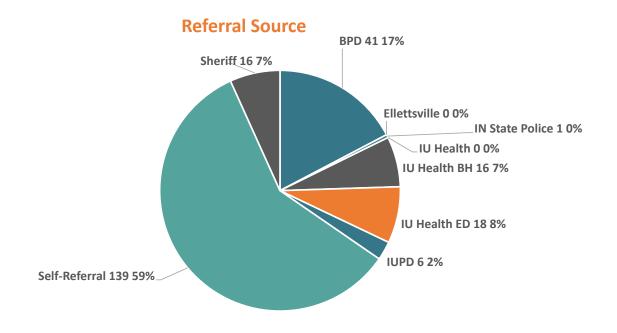


Average Time Spent at Stride: 3 Hours and 48 Minutes





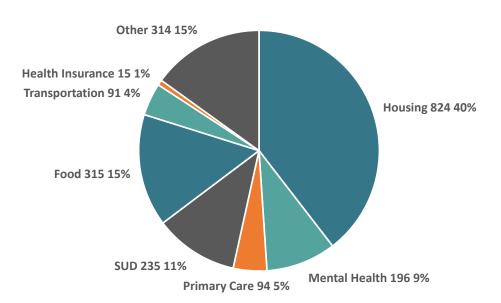
#### Referrals to Stride





#### Referrals from Stride

#### **Referral Type**

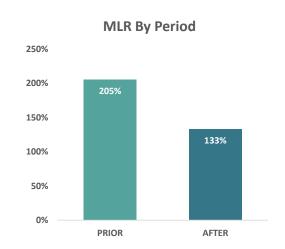




## Anthem Members Utilizing Stride









#### **Guest Satisfaction and Confidence**

Over the Last 6 Months Guests at Stride have experienced extremely high levels of **Satisfaction** with their visits (M = 9.39, SD = 1.46)

Guests (n = are also reporting a high level of **confidence in meeting basic needs** (**M = 7.47**, SD = 2.36)



#### Pre and Post Mood Outcomes

A paired-samples t-test was conducted to compare the **mood** of Stride Guests **before** and **after** a visit at Stride over the last 6 months.

There was a significant difference in mood scores **before** (M = 5.44, SD = 2.60) and **after** (M = 7.41, SD = 2.30) a visit; t(90) = -8.05, p < .001



## Thanks! Any Questions?

